



Benedictine Bits

Community Living



A pillar core value at CSB/SJU is Community Living, to become who we are by our relationships with others. Benedict understood that the key to growth was to share our lives, our time, ourselves, and ultimately to accept people for who they are.

Before Benedict, religious life was often spent alone in order to seek God. This focus on community life from *The Rule of Benedict* declares finding one's best self requires us to live side by side with others. Thus, allowing the flawed edges to be worn down revealing progress of the individual and the community.