

FREUDIAN SLIP



Graduation Issue
May 2007

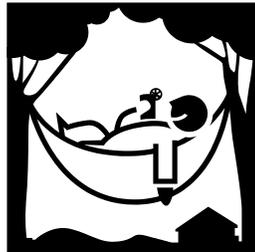
FAREWELL MARTY!

BY NATALIE THOMPSON

It's that time of the year again. Everyone is busy writing papers, taking chapter tests, and worrying about finals. It is also the time of the year that one of the psychology professors is retiring and will not be returning to CSB/SJU in the fall. Professor Martin (Marty) Andrews is retiring at the age of 65. He has been a professor at CSB/SJU for 37-38 years. This was the first place he was hired, and he has been here ever since. Marty got his BA, Masters, and PhD all from Purdue University.

Marty was like a lot of students when he first entered college. He started off in one major and ended up pursuing another. He started off as an English major, but decided that was not what he wanted to do with his life. So, he switched from English to biology. He decided not to pursue this major also even though he was very interested in biology. He took some vocational tests that measured which areas he was good at. He always scored the highest in psychology. He also liked the other psychology students so he decided to major in psychology. He came from a "university" town, and it seemed natural for him to become a professor since that was what most people became in his home town.

Marty was most interested in how the brain works. He believes people go into psychology for different reasons. Marty was not interested in becoming a therapist. He was interested in a "scientific account" of how the mind works. There is still much about the brain that is a mystery. He was interested in trying to find out more about the organ that is the most important in our body. This explains his



interest in biology. Cognitive psychology involves a lot of biological processes. Thus, Marty's areas of specialty include visual perception and cognitive psychology. He actually was the first professor to teach cognitive psychology when this class was first offered at CSB/SJU. Obviously, his favorite classes to teach are perception and cognitive psychology.

When asked if he has any advice to give to psychology majors, he responded that he thought that psychology majors should become more com-

fortable with statistics, research methods, and biology. He believes statistics, research methods, and biology are very important in the field of psychology, and everyone should have basic knowledge about these things. Having this knowledge will help them understand more about psychology.

Marty has many interests. One of these interests includes reading. He does not have a favorite author or book. He reads and likes a variety of books and authors from many different genres. In psychology, he likes to read both William James and Freud. These are two well-known psychologists. In literature, he likes to read Montaigne's Essays and William Burroughs's books. In philosophy, he likes to read Nietzsche. Additionally, Marty reads a lot of mysteries. He likes to read the Sherlock Holmes books plus various other books.

When asked whether he wanted to travel, Marty explained that he might do a little traveling, but it was not one of his top priorities. Some places he would like to go include Tibet, China, Scotland, and Ireland. According to Marty, his top three priorities are writing, playing the piano, and reading.

Inside this issue:

Virginia Tech	2
Summer Jobs in Psychology	3
Welcome Brittney Johnson	4

Meet the Newsletter Staff:

- Alicia Reif, Editor/Writer
- Michelle Flicker, Writer
- Natalie Thompson, Writer
- Emily Trapp, Writer
- Amy Vannurden, Writer

However, Marty explained that he is not very close with his family and would also like to become more involved in their lives. Marty has dedicated a good portion of his life to CSB/SJU, and he will be missed by the people who know him.

INTERVIEW WITH A PROFILER

BY MICHELLE FLICKER

Ever since graduate school at the University of Wyoming and the University of Maine, Aubrey Immelman has been profiling political leaders and mass murderers, as well as serial killers. He has been interviewed on CNN, written many scholarly articles, scientific papers, and opinion columns for the St. Cloud Times and MSNBC, among others.

Immelman began solely constructing psychological profiles of world leaders and presidential candidates while in graduate school, as his research specialty is political psychology. However, in 1999, Immelman expanded his profiling spectrum to school shootings, specifically, the Columbine shooters. He was contacted by an editor at *U.S. News & World Report* asking if he would be willing to develop a criminal profile of Eric Harris, one of the Columbine shooters. Immelman agreed to the request, which involved examining the internet screeds of Harris and developing a criminal profile while working around the clock, as he had only 24-hours until deadline. This incidence sparked his interest in criminal profiling, although his passion lies in politics.

After Columbine, there were two mass murders that were all over the media. They were Mark Barton who "went on a shooting rampage in two day-trading offices in Atlanta and Larry Gene Ashworth, who went on a killing spree in a Fort Worth church," (Immelman). Immelman stated that he profiled these two men out of personal curiosity. Soon after, in 2001, Immelman profiled Luke Helder from Rochester, MN. A student at a Wisconsin college, Hel-

der is known as the "pipe-bomber" as he planted a series of pipe bombs in mailboxes around the upper Midwest in an attempt to form a smiley face for the FBI when they tracked the attacks on a map.

Three years ago, Immelman was contacted by Jeff Kass from the Rocky Mountain News in Denver, Colorado and was asked if he could develop profiles of the Columbine shooters that were very detailed.



The profiles were for a book Kass is writing. It is in the publishing process currently. Last year Immelman was asked by the *Seattle Post-Intelligencer* Newspaper to profile Kyle Huff. Huff went on a shooting spree at a rave party in Seattle where he gunned down six people and then killed himself.

With the recent Virginia Tech shooting, Immelman and I have been chatting about the shooter, Cho Seung-Hui. It is too soon to begin profiling Cho, as more information is surfacing by the moment, and it is important not

to speculate. I did ask Immelman to answer the two questions below, however, regarding Cho and his motives.

Michelle: We hear a lot about school shootings by teenage boys and workplace shootings by middle-aged men. But we don't often hear about college shootings, and Cho was in his early 20s. How does he fit into this picture?

Aubrey: *Workplace shooters who "go postal" are typically approaching middle age and go on a rampage when they are fired or experience some life crisis. School shooters are usually socially alienated youth around puberty. Cho is developmentally intermediate between these two categories, but based on initial reports his motives seem more similar to the younger school shooters: the resentful loner who vents his rage against his peers. In terms of Erik Erikson's developmental psychology, it's more of an identity crisis than a midlife crisis.*

Michelle: What do we know at this point about Cho's motives? Why did he do it?

Aubrey: *The key to any mass murderer motives is his victims. You need to ask yourself, "Why did he pick this particular group?" In the so-called manifesto Cho mailed to NBC, he railed against wealthy, privileged kids: "You had everything you wanted. Your Mercedes wasn't enough, you brats. Your golden necklaces weren't enough, you snobs. Your trust fund wasn't enough. Your vodka and cognac weren't enough. All your debaucheries weren't enough. Those weren't enough to fulfill your*

SUMMER JOBS IN PSYCHOLOGY BY AMY VANNURDEN

Most college students need to make some money over the summer months. This usually means working retail or whatever job you have "back home." For psychology majors, however, this is a great time to find a job related to psychology. This will not only give you valuable experience, but it will also help to make resume or vitae more desirable for future employers or graduate schools.

Some people think it is difficult to find a job related to psychology, but there are more options that you think! In fact, most years Saint Ben's/Saint John's has research positions open in the psychology department. These jobs are announced via the student employment website (<http://www.csbsju.edu/sejobs/>). Though the number of positions fluctuates depending on the year, usually there are several positions available with different faculty members. These opportunities give students a chance to work more closely with a faculty member and get some very valuable experience doing full time,

hands on research. Not only is it a fun experience, it is also great for graduate schools!

If you want to stay closer to home, check out some colleges and universities in your area. Many of these institutions will accept students for their positions that do not attend their institution. While these jobs may be more competitive, especially at larger universities, it is usually worth applying! The more experience you have with the process of applying for jobs or research positions, the more easily you can fill out applications in the future.

Even if neither of these possibilities work out, there are other opportunities to continue psychology throughout the summer. Check with the businesses or people in your area that work in a field you are interested in. If you seem willing to work, some may give you a job for the summer, or at least let you volunteer or shadow them. Despite the fact that you make not make much money with one of these opportunities, they are a great way for you to figure out what you want to

do in the future, make contacts, and pad your resume. Besides, you can usually organize these experiences so you still have time to work a paying job on the side.

Don't give up if you can't find a job you want right away. Sometimes it is best to just make some money this summer and try again next summer. After all, you don't actually have to get a job to

"Some people think it is difficult to find a job related to psychology, but there are more options than you think!"

be working with psychology. You could always take a summer course, or if you are planning on doing a thesis, get a head start- you will thank yourself in the end! Above all, however, relax and enjoy a little bit of down time this summer. After all the hard work of the school year, I am sure you deserve it!

PROFILER CONT'D

hedonistic needs. You had everything." It seems, at least based on these initial reports that Cho may have felt rejected, ostracized, and inadequate. Of course, it's not uncommon for young people to feel this way, so at best it offers just a piece of the puzzle.

Immelman has a website that he manages titled Unit for the Study of Personality in Politics (USPP) and can be accessed by typing <http://www.csbsju.edu/uspp/Default.htm> into your web browser. There you can access all of his published works, research projects with

students, and more. If you type in <http://www.csbsju.edu/uspp/Research/Index-Criminal.html> you will find an index of criminal profiles that Immelman has constructed.

Next semester, Fall of 2007, Immelman will be taking a break from his Criminal Profiling Group to teach a Psychology Seminar that focuses on criminal and political profiling. In the Spring of 2008 he will reconvene his Criminal Profiling group that typically meets at 4PM on Wednesday evenings in HAB 107. To see a list of topics from the past semesters go to [\[www.csbsju.edu/uspp/crimpsych/cpsg-index.htm\]\(http://www.csbsju.edu/uspp/crimpsych/cpsg-index.htm\). If you are interested in the group and would like to be placed on the mailing list, or if you also have a passion in this area of psychology and would like to chat with Aubrey, you can contact him at \[aimmelman@csbsju.edu\]\(mailto:aimmelman@csbsju.edu\).](http://</p>
</div>
<div data-bbox=)



CSB/SJU

College of St. Benedict
37 S. College Ave.
St. Joseph, MN 56374
(320)363-5139

St. John's University
Collegeville, MN 56321
(320)363-3195

Contact us at
psychstud@csbsju.edu

CONGRATULATIONS
GRADUATES!!

GOOD LUCK IN THE FUTURE
AND THANKS FOR ALL YOU'VE
DONE!



WELCOME BRITTNEY JOHNSON!!!

Though many of you have needed to contact the psychology department coordinator before, few of you probably know too much about this unique employment position, which many other departments do not offer. This nine month position is filled each year by a recent graduate from either St. Bens or St. John's. The psychology department coordinator is responsible for a variety of tasks which frequently revolve around many of the behind the scenes things that need to be done to keep the department running smoothly. These tasks include setting up advisors for students, going over applications for majors and minors, as well as assisting at great length in teaching and advising students involved in the teaching practicum course. As the semester draws to a close it is time to select the next person for the position and the psychology department is proud to announce that Brittney Johnson will be the new psychology department coordinator for the 2007-2008 academic year!

Brittney is from St. Cloud where she grew up with her parents and sister, Brooke, who is a sophomore this year at St. Bens.

Throughout college Brittney has been extremely involved in Blazer Softball as an infielder. When she is not busy with softball, Brittney enjoys both playing and watching most other sports, especially the Twins. Johnson also spends her free time reading, listening to music, and watching movies and TV. At present her favorite TV shows are American Idol and Grey's Anatomy and the classic Sound of Music is her favorite movie.

As a psychology major Brittney has taken a variety of psychology classes, but Sports Psychology was her favorite, this course stood out to her because, "being an athlete I was able to use the knowledge from this field in my own life; I used the information to make my team more successful. I also was able to apply my own experiences to the course, which made it easier to understand certain topics and made it more enjoyable." Brittney has taken her interest in sports beyond the classroom and has been able to relate to other athletes through her position this summer in the CSB Training room. As a trainer Brittney treated athletes between grades 5th and 12th and was able to gain a lot of insight and ex-

perience in both approaching and treating different injuries.

Despite a great amount of focus on sports, Brittney is most interested in developmental psychology. Overall Brittney has had the most amount of experience with this topic in college and she finds it fascinating how humans develop throughout their lives. Examining individual differences, as well as, commonalities in development also really intrigues her. Social Psychology has been another area of interest to Brittney especially because of its applicability to the real world on a day to day basis.

In the future Brittney is planning on attending graduate school for physical therapy and then working in a clinic with athletes, with the possibility of teaching later. When asked why she was interested in the position of psychology department coordinator, Brittney states, "I was really interested in the opportunity to gain more experience teaching. When I am passionate about something I like to share it with others, and I believe teaching accomplishes this." Overall we will be looking forward to Brittney filling the position next

PROFESSORS AT CSB

JOE BUONANNO
JAN HOLTZ
AUBREY IMMELMAN
STEVE STELZNER
RICHARD WIELKIEWICZ

PROFESSORS AT SJU

MARTY ANDREWS
PAM BACON
LAURA HELFRITZ
BOB KACHELSKI
MICHAEL LIVINGSTON
RODGER NARLOCH
LINDA TENNISON

BY EMILY TRAPP