

community

A newsletter for the faculty and staff of the College of Saint Benedict and Saint John's University

Open House Demonstrates Benefits of Learning Communities

prepared by Glenda Isaacs Burgeson, Community editor

"Some of the best stuff happens around the campfire," said Derek Larson, assistant professor of history and director of environmental studies, during a presentation at the CSB/SJU Learning Communities open house, held March 12 at the CSB Teresa Reception Center.

The open house was one of several regional learning community open houses, coordinated by the National Learning Communities Project. Several CSB/SJU learning community project teams will present the results of their work at the May NLCP Conference in Seattle.

The CSB/SJU Learning Communities Program, "Extending the Classroom Walls," was launched in 1999 with funding provided by the Bush Foundation. The aim was to encourage the development of an integrative model of learning situated within a shared learning environment. The concept of the extended classroom embraced a variety of approaches to integrate in-class and out-of-class learning, including interdisciplinary teaching, linked courses, co-curricular experiences and residential life. The result has been a learning experience for students, faculty and administrators.

Larson, who has participated in the Environmental Studies Learning Community and the Biology of the Southeast Learning Community, discussed in his open house presentation the outcomes of those enterprises. There is a social

benefit as students get to know each other. Faculty collaboration has been rewarding, he said, noting that his experience has involved faculty from biology, economics, history, geography and management. Through service learning and fieldwork, faculty and students have built a network of contacts in business, forestry and the Department of Natural Resources.

The cumulative effect of classroom instruction, fieldwork, service learning and interdisciplinary research is an enhanced scholarly experience that enables students to discover connections across academic boundaries.

One of the most gratifying outcomes, Larson said, is the way the students from diverse academic disciplines challenge and learn from each other. As an example, he recalled how students gathered one night around a campfire, after a day of fieldwork, and became engaged in a spirited and spontaneous debate about the theory of just war.

A paper by Larson and co-authors James Poff and Charles F. Rodell, professors of biology, entitled "Extending Learning Communities in the Field: Biology of the Southeast" has been accepted for publication in the May issue of the *Journal of College Science Teaching*.

In addition to Larson's presentation, other presentations at the open house demonstrated the creative and diverse ways in which learning communities

are operating at the two campuses. Sharmistha Self, assistant professor of economics, gave a presentation about an online learning community she organized. Lisa Ohm, MCL professor and director of gender and women's studies, and Elizabeth Wengler, assistant professor of history, discussed the Gender Learning Community; and Gar Kellom, SJU vice president of student development, discussed the community of learners who are involved in research projects at the SJU Men's Center.

A session on learning communities of value-based learning featured presentations by Dan McKanan, assistant professor of theology, on the Learning through Differences Learning Community; Mary Reuter, associate professor of theology, on students and Benedictines; and

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Learning Community)**

COLLEGE OF
Saint Benedict



Saint John's
UNIVERSITY

Inspired Learning. Inspiring Lives.

Brother Oblate Frank Kacmarcik Dies

Funeral services for Benedictine Brother Oblate Frank Kacmarcik were held on Feb 27, in Saint John's Abbey Church with interment in the abbey cemetery. Kacmarcik died peacefully and unexpectedly in his sleep on Sunday morning, Feb. 22.

Kacmarcik was an award-winning graphic artist and church design consultant who achieved international acclaim for his work. In his book, *Seeing and Believing*, Paul Philibert OP wrote, "No one has had a greater influence on the development of American religious architecture and art in the past four decades than Frank Kacmarcik."

Kacmarcik was born on March 15, 1920, in Saint Paul, Minn., into a devout family with Slovak-Polish roots.

As a novice at Saint John's in 1940, Kacmarcik worked with Brother Clement Frischauf OSB, an influential liturgical artist trained in the Beuronese school of religious art.

Leaving Saint John's, Kacmarcik joined the U.S. Army and served as a surgical technician and chaplain's assistant. After World War II, Kacmarcik studied painting in Paris at the Académie de la Grand Chaumière and developed critical skills in religious art and church decoration at the Centre d'Art Sacré. At about this time Kacmarcik began to assemble the remarkable collection of fine books, manuscripts, prints and sacred art that became Arca Artium, his fitting and noble legacy.

In 1950, Kacmarcik returned to the United States to become assistant professor of art and to help establish art as a major at SJU. The same year he created his first cover for *Worship* magazine. He continued to design or monitor the covers until his death. In 1953, he collaborated closely with the Hungarian Bauhaus architect, Marcel Breuer, who was engaged to design the Abbey Church and other buildings on campus.

In 1954, Kacmarcik and the University parted ways, but he continued to work for Liturgical Press as a freelance graphic artist.

In 1981, the North American Academy of Liturgy recognized Kacmarcik's mission and achievement by conferring its prestigious Berakah Award. Later, in 1987, Kacmarcik was made an Honorary Member of the American Institute of Architects — "in recognition of outstanding contributions to the architectural profession and to society as a whole." He garnered more than 60 national and international awards in book design and the graphic arts, as well as many awards for building and renovation projects, including six coveted national A.I.A. awards.

Kacmarcik influenced the worship life of the Church on small and large scales of design. Liturgical book projects included the design of the *Roman Missal* (Benziger Brothers, 1964) reflecting the reforms of the Second Vatican Council and the design of the *Lectionary for the Mass* published by Liturgical Press in 1998. He served as a consultant on numerous architectural projects that include: St. Patrick's Church, Oklahoma City, Okla.; St. Richard Church, Jackson, Miss.; Mepkin

Abbey, Monck's Corner, S.C.; and Sacred Heart Chapel, St. Joseph, Minn.

Abbot Jerome Theisen OSB acceded to Kacmarcik's request to be admitted to the monastery as a claustral oblate and accepted his final oblation in 1988. Brother Frank served, as he had since 1971, as a charter member of the Saint John's Abbey Design Committee and gifted Saint John's University in 1995 with his invaluable collection that he continued to enhance. Kacmarcik was faithful to the common life until disability demanded his move to the retirement center.

Asian Studies Program Organizes May/June Study Tour of South China

The Asian studies program is pleased to announce the forthcoming May/June Term study tour entitled "Economic Development and Social Change in China" (COLG280). During May 15-June 15, eight students will immerse themselves in the historical, economic, political, social and cultural dimensions of South China's rapid modernization program and experience first-hand the far-reaching consequences of mushrooming economic development. They will tour Hong Kong, Macau, Guangzhou (Canton), and other

Exhibit Details CSB History

The history of the College of Saint Benedict is chronicled in an exhibit at the Haehn Museum at the Art and Heritage Place, Saint Benedict's Monastery. "In League with the Future: The College of Saint Benedict, 1913-2000" tells the story of the commitment of the Sisters of Saint Benedict to the education of women, beginning with the opening of an academy for girls in St. Cloud in 1877, 20 years after their arrival in Minnesota.

The exhibit features a timeline which begins with the establishment of Saint Benedict's Academy and depicts the development of CSB from 1913 to 2000. The timeline is enhanced by state, national and world events, with specific attention to events of significance to women.

industrial cities springing up along the Pearl River Delta before heading west to the coastal city of Zhanjiang, a seaport where China meets Southeast Asia. At Zhanjiang Normal College (ZNC), the students will attend classes on intercultural communication as well as Chinese language, history, culture and martial arts taught by ZNC faculty. They will also take part in Chinese home stays.

Student participants include Katie Finnegan, Masaaki Genka, Katie Griffith, Rachel Mogenson, Gregor Nelson, Neel Patel, and Daniel Zimney of CSB/SJU and Jim Kappenman of Creighton University. They will earn two credits and a Global Flag by keeping a daily journal, writing reflection papers, and posting their analyses, reflections, photographs and videos on the Asian studies Web site. During the fall of 2004, they will discuss their China experiences in forums organized by the Asian Studies Learning Community.

Communication professor Jeanne Cook, who (along with professor Richard Ice) has led two China study abroad semesters, is the project coordinator, and Richard Bohr, professor of history and director of Asian studies, will direct the study tour. Project sponsors include the Maryknoll China Service Project (which places CSB/SJU teachers in China) and ZNC, with whom CSB/SJU has conducted student and faculty exchanges in recent years. The project is also supported by several SJU Hong Kong alumni who are generously opening their industrial facilities to our students.

Professors Cook and Bohr hope that the study tour will not only enhance our campus relationships with these and other partners in Asia but help establish May/June interims as an important tool of experiential education at CSB/SJU.

For further information, see <http://www.csbsju.edu/internationaleducation/mayjune/China/china.htm>

Two Professors to Create New Asian Studies Courses

Gregory Walker, professor of music, and David Bennetts, professor of history, were recently awarded spring 2005 sabbaticals to pioneer new Asia-related courses for both core and departmental curricula.

Walker will study traditional Chinese music, a subject he explored in the summer of 1997, while taking part in the CSB/SJU faculty study tour of Asia. Since then, he has been carefully preparing for this project. His sabbatical will take him back to China, where he will meet with musicians, conductors, composers, theorists and scholars, attend musical performances, and experiment with such traditional Chinese instruments as the bamboo flute, pipa, sheng and erhu. Zhou Shibin, dean and professor of Chinese music at Beijing's Capital Normal University, has invited Walker to give a lecture series on Western music in Beijing. Walker's sabbatical project will result in a new fine arts core course, additional components to the department's existing Comprehensive Musicianship sequence, and the composition of a musical score which will integrate Eastern and

Western elements.

Bennetts will spend his sabbatical developing a new course on Asian-American history. He brings to this project an expertise in U.S. history and a long involvement in running CSB/SJU's summer ESL camps for Japanese students, co-directing the Asian Studies Learning Community, and developing our study abroad and teaching relationships with Japan. He will explore the growing abundance of research material on Asian-America and create a course which will pay particular attention to the experiences and challenges of Minnesota's growing Asian population, now some 200,000 strong. Bennetts writes: "This 'marriage' between my past and present interests will, I hope and expect, add a new dimension to our Asian Studies program, one that responds to the requests of our growing Asian-American student population for help in better understanding their American experience."

Bennetts profiled his sabbatical project in a paper read at a panel entitled "The Role of Asian-American Studies within Asian Studies and the Liberal Arts Curriculum: A Midwestern Perspective," which Richard Bohr, director of Asian

The Sisters of Saint Benedict Reach \$4 million of \$6 million campaign goal

submitted by Katie Perry, publicist, Saint Benedict's Monastery

The Sisters of the Order of Saint Benedict are pleased to announce \$4 million of their \$6 million goal has been raised as of March 15, for the Woven in Faith capital campaign.

The capital campaign was initiated to resolve life safety issues of their main Motherhouse building (main administrative center or headquarters). This is the first capital campaign for the Sisters in their 147-year history in central Minnesota.

The active fundraising solicitations began in July 2003, while the planning phase began in January 2003.

For more information, call 363-7100 or visit www.sbm.osb.org.

studies, organized and chaired for the 12th annual ASIANetwork conference on April 2-4, in Lisle, Ill.

According to Bohr, Walker's and Bennetts's new courses will fill critical gaps in the Asian studies curriculum. At the same time, these sabbatical activities will enhance the faculty development needed to further infuse Asian studies across CSB/SJU and fulfill the Asian studies program's mission to strengthen CSB/SJU's growing relationships with Asia and Asian-America.

Terri Barreiro Named Director of The Donald McNeely Center for Entrepreneurship

Terri Barreiro, longtime senior staff member of the Minneapolis and Twin City United Way, has been appointed director of the Donald McNeely Center for Entrepreneurship at SJU and CSB. Provost Henry Smorynski announced the appointment, effective March 1, 2004.

Barreiro received her B.A. in psychology and B.A. cum laude in Spanish from the University of Minnesota. She attended the Program for Executives in Management at Carnegie Mellon University under a Bush Foundation Leaders Award, and the Center for Creative Leadership. She earned an M.B.A. from the University of Minnesota.

She has served in a number of capacities with the United Way including vice president of community building; senior director, for 10 years, of planning and management; and director of planning, allocations and evaluation. Prior to her work at the United Way, she was manager of corporate giving and a foundation program officer for the Dayton Hudson Corporation. Barreiro began in the nonprofit business as executive director of Enablers, a Minneapolis-based program that helped develop youth service organizations. A nationally sought-after speaker, she communicates best practices, emerging opportunities and effective collaborations to

improve performance of non-profit and community-focused organizations.

Barreiro will direct the newly established Donald McNeely Center for Entrepreneurship as well as entrepreneurial leadership programs at CSB/SJU. The mission of the center is to build alliances between students, as future entrepreneurs, faculty and experienced entrepreneurs in service to communities, organizations and individuals inspired to create social impact and economic opportunity. The center will also seek to combine educational resources with communities, organizations and individuals to stimulate, support and expand business and social entrepreneurship.

"Terri Barreiro brings to the center strong leadership, high energy, partnership building skills and vast networks of community relationships," Smorynski said. "These assets will help focus the center's work and accelerate its impact by bringing entrepreneurial skills and educational resources to assist organizations and individuals. Building alliances to find effective solutions for challenges facing communities and organizations has characterized her leadership at the United Way. Her program creation development work on 'Success by 6' and 'Service through Technology' has been copied and embraced by United Ways nationally."

The Entrepreneurship Center is named

Arctic Adventurer and Advocate Visits SJU

Tim Leach, nature photographer of the Yukon-based Caribou Commons Project, spoke and presented a slide show on March 9, in the art lecture hall on the SJU campus. The show featured Leach's stunning collection of slides from the Arctic Wilderness and offered pertinent information regarding oil-drilling issues in the Arctic National Wildlife Refuge. This program discussed the potential cultural impact of oil development on the Gwich'in culture and promoted more efficient energy solutions that will allow us to control pollution, cut back on greenhouse gases and protect our environment. The program was sponsored by the CSB/SJU Environmental Studies Program.

The 125-mile stretch of coastline in the Arctic National Wildlife Refuge is the only section of Alaska's Arctic coastal plain not already open to oil development. The coastal plain in the Arctic Refuge is the core calving area of the Porcupine Caribou herd and is home to polar bears, musk-oxen, grizzlies, wolves and over 130 species of migratory birds. This fragile and productive ecosystem is known as "America's Serengeti."

"In my time in Alaska," says Leach, "I have come to realize how ecologically and culturally significant the coastal plain of the Arctic National Wildlife Refuge is. The notion," he continues, "that we would trade our national heritage for an uncertain 3.2 billion barrels of oil, just enough to fuel the U.S. for six months, is ridiculously short-sighted and does not address our nation's need for cleaner, more sustainable energy."

For more information about the Arctic Refuge presentation, e-mail timkayaks@hotmail.com or call 907-272-0288 and visit www.cariboucommons.com

for Twin Cities executive and philanthropist Donald McNeely. He has been a longtime benefactor of SJU and CSB and is a former regent of the University. McNeely made the lead gift for the SJU Warner Palaestra that was built in 1973, and the McNeely Spectrum, built in 1998. He also established the first chair at SJU.

The center's director position was underwritten by a gift from Greg and Peg Palen. A 1977 graduate of SJU, Greg is the chair of the University's Board of Regents and Peg is a 1977 alumna of CSB. In commenting on their gift, the Palens said: "We are pleased that the center focuses on both business and social entrepreneurship and that it is built on two important foundations: entrepreneurial leadership and Benedictine values."

"The Donald McNeely Center for Entrepreneurship is distinctive in four respects," commented Smorynski. "First, it is built on a rich heritage of creativity and innovation at Saint John's and Saint Benedict. Second, it will be interdisciplinary and will involve students and faculty from all walks of life. Third, it will have a strong emphasis on social entrepreneurship. We want to build social capital through effective partnerships and action between social and capital entrepreneurs. And finally, it is grounded in timeless Benedictine values and tradition."

Second Annual Learning Through Difference Conference Held at CSB/SJU

CSB/SJU hosted the second annual Learning Through Difference conference, "You Can't Tell By Looking At Me: The Experience of Diverse Identities," on March 16, in the HCC at CSB. The conference explored the ways race, culture, gender, sexuality, religion and other differences intersect to form the unique identity of each individual.

During the afternoon, students, faculty

and staff from CSB/SJU and other Minnesota colleges presented such topics as "Beyond Awareness: The Truth About Race and Privilege in America," "Benedictine and Catholic Values: Is There Room for Homosexuality?" and "The Language of Blood: Adoptees' Journey to Ethnic Identity." Musical artist Magdalen Hsu-Li performed during dinner, and the day concluded with a keynote address by Pearl Fuyo Gaskins, author of "What Are You? Voices of Mixed-Race Young People."

Saint John's Pottery receives Jerome Foundation Award

The Saint John's Pottery Studio recently received a two-year award of \$45,500 from the Jerome Foundation, St. Paul, in continued support of the Studio's Emerging Artist Residency Program. The Foundation has been underwriting the program since 1983. Over the past 21 years, 42 men and women have participated in this experiential and educational program for emerging artists, many of whom have gone on

CSB/SJU Members Attend Carter Award Ceremony

A team of CSB/SJU administration, faculty, staff and community members attended the Carter Partnership Award program on Feb. 21, at St. Thomas University in St. Paul. The

award is named for President and Mrs. Carter as a tribute to their lifelong efforts to develop and support safe, healthy and caring communities throughout the world. In public office and in their daily lives, the Carters have consistently supported public improvement efforts based



Attending the Carter Partnership Award program are (from left) Mohamoud Mohamed, Diane Johnstone, Karyl Daughters, Carol Guardo, Rita Knuesel, Sheila Nelson and David Lyndgaard.

on cooperation, mutual learning and shared responsibility. The recipient of the award was the Grant Community School Collaborative, including the College of St. Scholastica.

Minnesota is one of four states recently chosen as an expansion site for The Carter Partnership Award. Minnesota Campus Compact hosted the event and President and Rosalyn Carter presented the inaugural Minnesota award.

The CSB/SJU Service Learning Program, in partnership with the SouthSide Boys Girls Club, was one of 30 nominees for the award. Representing this partnership at the event were Carol Guardo, CSB president; Rita Knuesel, associate provost and academic dean; Dave Lyndgaard, associate dean and director of academic budget; Karyl Daughters, communication instructor; Sheila Nelson, chair of sociology; Cindy Pederson, Service Learning coordinator; Dianne Johnstone, Service Learning office manager; and Mohamoud Mohamed, executive director of the St. Cloud Area Somali Salvation Organization.

to distinguished careers. The artists, from different disciplines, live on campus and are provided an opportunity to expand their creative abilities and to study and use indigenous clay materials. The residencies are two months in duration.

The Pottery Studio recently announced 2004 selections for Jerome Foundation Emerging Artist fellowships. Fourteen Jerome Foundation applications were received. This year's selection panel consisted of SJU master potter Richard Bresnahan, Stuart Turnquist, Minneapolis Institute of Arts and Minnesota Artists Exhibition Program director; and Jenny Nellis, dean of the College of Arts and Humanities, University of Minnesota-Morris and a well-known sculptor.

Two Jerome Artists were selected and will be at the studio from June 10 through Aug. 10. Following are brief backgrounds on each.

Kate Bauman, Minneapolis, received her B.F.A. from the University of Minnesota-Duluth in ceramics, summa cum laude, did graduate work in ceramics at Ohio University and earned an M.F.A. from The University of Georgia. She currently is an instructor at the Northern Clay Center and Southwest Community Education, both of Minneapolis. She has participated in a number of exhibitions throughout the United States and had a solo exhibit at La Casa Municipal de Cultural, Santa Cruz, Bolivia and is the recipient of several arts awards and honors. She indicated in her application that she wanted to use her time at the studio to shift from arts administrator to studio artist and arts instructor and to explore new, larger scale work.

Katherine Sandnas, Hibbing, most recently studied at the Shigaraki Ceramic Center, Shiga, Japan. Her B.F.A. is from the University of Minnesota-Duluth and M.A. from the University of Wisconsin-Superior. She is an art instructor and studio assistant at Hibbing Community

College and is the recipient of a number of awards and grants and, in 2003, received a McKnight/ARAC Artist Fellowship. Her work is a part of many permanent collections in the United States, Japan, Thailand and the estate of the late U.S. Sen. Paul Wellstone. Her work has been included in a number of exhibitions in Minnesota, Michigan, Georgia and Japan. Her application states that Japanese Jomon ceramics has made a profound influence on her work. It was one of the earliest forms of ceramics and was made by women. Her work in Japan led her home with a strong desire to understand indigenous clay and primitive building and firing techniques.

Faculty and students are encouraged to meet the Jerome fellows at the studio, which is open to the public from 3-5 most days during the summer.

Faculty/Staff News

Saint John's Pottery artist in residence and master potter **Richard Bresnahan** has contributed to two recent shows.

In January, he participated in Kettles: Japanese Artistry and American Artists at Carleton College. Selections of his tea ware were displayed in the Gould Library Athenaeum and the college art gallery. On Jan. 27, he spoke to more than 60 faculty, students and Northfield area residents on The Tea Ceremony as a 21st Century Environmental Model.

In February, Augsburg College hosted "Richard Bresnahan: Continuities, Recent Work from the Johanna Kiln." Fifty of his works were displayed in The Gage Family Art Gallery for more than a month. In early March, he gave an all-day workshop in the Augsburg Ceramic Studio and later lectured to a standing-room-only crowd on Saint John's and the Environmental Work at the Pottery.

Art Quest, a state of North Dakota program that annually pays tribute to a native artist living outside the state, selected Bresnahan as its 2004 honoree. Over a four-day period, in late April, he will give three lectures, sit on three different artist panels and provide clay workshops. Bismarck College will host the event.



Tax time — CSB/SJU international students got a lesson in U.S. tax preparation from Addy Spitzer, interim international student director. Spitzer's background is in accounting. Approximately 50 students attended the workshop, including Herbert Rodriguez, a management senior from Costa Rica, and Leigh Cabral, a biology pre-dental senior from Trinidad.

Leigh Dillard, assistant professor of dance, participated in a daylong conversation with other dance artists, presenters, educators and funders involved with dance in Minnesota. Underwritten by The McKnight Foundation and hosted by the Barbara Barker Center for Dance, University of Minnesota, the conversation focused on articulating the most urgent needs and concerns of the dance community. Dillard has been invited to play a role in follow-up sessions that are planned for later in the year.

Jeff Kamakahi, associate professor of sociology, presented three public lectures in Asia. The first lecture, "An Indigenous Minority: The Native Hawaiian Experience," was presented in Sendai, Japan on Jan. 31, as part of the Tohoku University's Center for the Study of Stratification and Inequality program. Scholars from across Japan attended.

The second lecture, "Diversity, Inequality, and Social Change," was presented at the American Center of the U.S. Embassy on Feb. 13, in Yangon, Myanmar [Rangoon, Burma]. It was the culmination of a week of meetings with cultural, religious and political groups in Yangon and Mandalay at the invitation of the Public Affairs Division of the U.S. Embassy. A travel grant from the Fulbright Office of New Zealand made the trip possible.

The third lecture, "The Native Hawaiian Experience through Folksongs," was presented at the University of Macao (China) on Feb. 17. Following the lecture, he was asked to create a short archival CD for the University of the folk songs used in the presentation.

Rodger Narloch, assistant professor of psychology, presented a paper titled "College Students' Conceptions of Vocation and the Role of the Higher Education Mentoring Community" at the Institute on College Student Values

at Florida State University in February. The paper summarized some of the student, faculty, and administrative and support staff data collected at CSB/SJU as part of the assessment of SJU's Vocation Project funded by the Lilly Endowment Inc. A full-text version of this paper is available by contacting Rodger or can be found in the on-line *Journal of College and Character* late this summer.

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Diane Millis, CSB director of Companions on a Journey, a CSB Vocation Project funded by the Lilly Endowment Inc., on mentoring and vocational exploration.

A session on intercultural learning communities featured presentations by Richard Bohr, professor of history, and Dave Bennetts, professor and chair of history, on the Asian Studies Learning Community; and Brian Larkin, assistant professor of history, on the Latino/Latin American Studies Learning Community.

Learning communities have had institutional benefits as well, said Kay Wolsborn, professor of political science and co-director of the Learning Community Program. The energy of the program has helped promote the visibility

The Welcome Mat

We welcome the following to the CSB/SJU community:

Andrea Fedele, Music
Terri McCaffrey, Nursing Faculty
Carolyn Olson, Nursing Faculty
Brad Bechtold, Security (Temporary)

Farewell to Friends

Catherine McGlinch, Institutional Advancement

of these institutions as learning community project leaders and their team members have presented on the topic at regional and national conferences, she said.

Moreover, she said, the Learning Community Program has established a campus climate that encourages the development of independent learning communities operating without funding or assistance from the Learning Community Program.

That sort of entrepreneurial spirit and experimentation is needed to help institutionalize the learning model, according to Richard White, associate professor of chemistry and co-director of the program.

With the program now in its second phase, the challenge is to institutionalize protocols that will sustain collaborations among faculty and staff, he said.

Tip-A-Cop Planned

Shawn Vierzba, SJU director of Life Safety, will participate in the Cops & Lobsters fund-raiser to benefit local Special Olympics programs. Police officers, sheriff's deputies, state troopers and criminal justice professionals will add a fun-filled spin to their public service as they assist Red Lobster crew members in serving Red Lobster guests to earn "tips" for Special Olympics. This "Tip-A-Cop" program will feature officers donating their time to raise money for Special Olympics programs in Minnesota 11 a.m. until 10 p.m. on April 14-15 at the St. Cloud Red Lobster.

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Deadline for the May issue is April 16.
To share your information and story ideas,
simply e-mail them directly to Community at:
community@csbsju.edu.

Healthy Relationships in Healthy Communities

prepared by Laura Horn, RN, MSN, adjunct faculty, CSB/SJU Nursing Department

In the Benedictine tradition, a strong emphasis is placed on healthy relationships within community living. Listed below are some of the most important qualities and characteristics that contribute to healthy relationships in healthy communities. Using a scale of 1-10, give a number to each listing in the CSB and SJU campus communities that best represents your perception. How does CSB and SJU rate? Are you satisfied with what you see? What could you do to improve the health of your relationships? What could you do to improve the health of CSB and SJU campus communities? Please feel free to add to this list.

People in healthy communities:

1. Respect each other
2. Care about each other
3. Have reasonable knowledge of each other
4. Know who is responsible for what
5. Are gentle with each other
6. Trust each other and tell the truth
7. Are willing to share thoughts and feelings
8. Meet together for good purpose
9. Really listen to each other and pay attention
10. Value the roles that each community member plays

11. Allow for individuals without "title" to be leaders
 12. When there is conflict it is "care-fronted" more than "con-fronted"
 13. Can articulate the CSB/SJU core values and goals
 14. Have an understanding that goals are measurable, attainable and time bound
 15. Know and value that each person has a life away from the organization
 16. Keep a healthy balance between work and non-work life
 17. Learn from the past, plan for the future, but focus on daily priorities and responsibilities
 18. Celebrate success and recognize tasks well done on a regular basis
 19. Are open to change and the creative process, but ...
 20. Honor routine (i.e. things often keep working for a good reason)
 21. Keep learning
 22. Enjoy humor and laughter
- Source: Richard Boyum, UW-Eau Claire Counseling Services. <http://www.uwec.edu/counsel/pubs/healthyorg.html>
Taylor, B.C. (1989). *Spirituality for everyday living: An adaptation of the Rule of Saint Benedict*. Collegeville, MN: Liturgical Press.

Editor's note: Each month, the Healthy Learning Community and the Partners for Healthy Learning promote a health theme to the CSB and SJU campuses. These groups are involved in the promotion of physical, intellectual, emotional, social, occupational and spiritual health. To learn more about the Healthy Learning Community and the Partners for Healthy Learning, please visit the Web site at <http://www.csbsju.edu/extending/projects.htm>.