

Saint Benedict's

MAGAZINE

Winter 2011



walks of **Life**

Researching Alzheimer's care in Nepal



COLLEGE OF
Saint Benedict

Taking nothing for granted

Money. In most relationships it is the most difficult topic of conversations. Spouses debate about what expenses count as necessary ones in the household budget. Teenagers plead with their parents for gas money, and parents respond with questions about discretionary spending and saving. And leaders at private liberal arts colleges like College of Saint Benedict spend months deliberating over how to best use our tight budgets to serve our students. That begins our conversations with you—in your mailbox, your voicemail, or in person—about the importance of your financial help for our students.

For the most part, I do believe that the best things in life are free. But a residential liberal arts education, one of the very best things in life, is far from free.

Tuition and fees cover 80% of the total cost of education at Saint Ben's. Unlike public colleges and universities that receive per capita state and federal subsidies, CSB must secure the remaining 20% from other sources -- including the generous support of donors -- to sustain exemplary programs. One of my most important duties as president is to lead in spending these dollars to their very greatest effect.

CSB's endowment remains considerably smaller than endowments at our peer institutions, but it has doubled in size in the past seven years, and judicious management of our investments has allowed us to recoup recession losses. We have developed a national reputation for stewarding our resources exceptionally well and for producing proportionally better outcomes for our students (*see People are talking* on page 6 for complete details).

This issue of the magazine calls attention to some of that work being done at College of Saint Benedict because of others' belief in us. In particular we examine how our students' experience has been transformed by grants and partnerships with foundations and corporations.

Financial conversations by their nature require the participants to demonstrate financial responsibility. Not unlike conversations between teenagers and their parents or spouses balancing household budgets, grant-making

bodies that trust us with their funds expect us to demonstrate the importance of our monetary requests and that their funds were well-spent. They require us to plan for continuous improvement in our academic and experiential learning programs. Most importantly, they demand fiscal responsibility and accountability to the outcomes we've promised.

The world of grant-getting is a highly competitive one. In most instances the probability of success is low because granting agencies themselves carefully steward their dollars, and because the quality of submissions is high. During my tenure at CSB we've ratcheted up our focus on grants, and it has become an integral part of our funding mix. Each grant we apply for hones our competitiveness and forces us to examine our current practices against best practices. The process also requires us to thoughtfully outline the changes we will make and the programs we will institute to increase the rigor, quality, and vibrancy of the CSB experience. Our funding partners challenge us to always be at the top of our game. In return, we are committed to meeting or exceeding the outcomes established in our grant proposals so that CSB is considered for future awards.

But the fundamental question we need to answer is this: Why should the National Science Foundation, the Hearst Foundation, the Teagle Foundation, the Lilly Endowment, the Department of Education (or any foundation) care about College of Saint Benedict? Part of the answer lies within these pages.

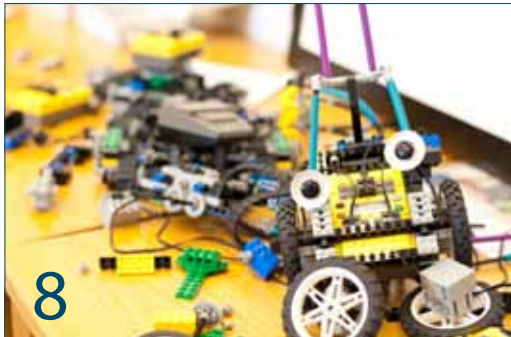
We reveal the excitement of math, computer science, and physics for more women. We fill hearts and minds with an expanded worldview. We call on our community members to be lit from within by giving name to and pursuing vocation. And, we encourage our students to nurture the breadth and scope of their interests. The answer to that fundamental question is this: We are College of Saint Benedict.



A handwritten signature in black ink, appearing to read 'J. Mayhew'. The signature is fluid and cursive, written in a professional style.

To become who we are by our relationship with others.
- Rule of Saint Benedict 33

in this issue



contributors



Megan Atkinson '11 majored in Communication. She completed coursework in December 2010 and looks forward to commencement

with her classmates in May. Currently, she is employed by United Health Group.



Erica Manternach '11 is majoring in nutrition and premedicine. She has been accepted to med school. To learn 50 fun facts about her, turn to page 12.

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Saint Benedict's Magazine

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The mission of the College of Saint Benedict is to provide for women the very best residential liberal arts education in the Catholic university tradition. The college fosters integrated learning, exceptional leadership for change, and wisdom for a lifetime.



The best game in town

McGlynn's scores with fresh food choices and new decor

story by Heidi L. Everett • photos by Adam Konczewski

Looking for front-row seats to see some of the most inspiring athletes of our time? Head over to the recently reopened and remodeled McGlynn's Sports Café: Home of the Blazers.

The décor celebrates Blazer athletics and is extraordinarily unique, focusing on women's college sports. Old-school jerseys, golf clubs, tennis rackets and various other pieces of equipment adorn the walls and hang from the ceilings. Full-wall murals provide a contemporary, urban backdrop of Blazer athlete photos, logos, motivational quotes, and "grunge" artwork.

"We chose a sports theme for McGlynn's since Blazer athletics is also housed in Haehn Campus Center. We wanted to create an ambiance similar to other sports grills, so the décor made sense," said Sonja Gidlow, executive director of auxiliary services. Folks were eager to help out, Gidlow said, noting the coaches went through personal archives to donate Blazer memorabilia.

In addition to the spirited decor, a goal was to make McGlynn's the go-to place for meals -- and the late-night munchies. Tom Oehler, director of culinary services, said student focus groups called for sub sandwiches and good burgers. Over the summer, a burger contest was held (with more than 18 entries!), and the staff held taste testing for various bread, sauce, and other recipes. Blazer sports fans have been feasting on fresh, hand-pattied certified Black Angus burgers, hand-cut French fries and spicy chicken wings (in our very own classic, buffalo and hurricane!) since the reopening in September. And, McGlynn's makes it own, unique sub bread, like Asiago Dill.

So far, McGlynn's is recording a championship season, serving more than 1,000 meals a day. They've also experienced an uptick around Blazer games.

"We want to honor and applaud our amazing women athletes," Gidlow said. "And we want to inspire future Blazers with the emphasis on women who are strong and accomplished in mind, body and spirit."



PEOPLE ARE TALKING

We're incredibly proud of the Saint Ben's experience.

Our history is characterized by a fierce belief in the power of liberal arts education, an engagement with the world around us, responsiveness to the needs of society, an enduring commitment to our Catholic and Benedictine heritage, and an unwavering focus on women's development.

We believe we're meeting these commitments, and it's nice when others notice too. And, they have noticed.

The following accolades were received this past year:

- CSB is 1st nationwide, along with our educational partner SJU, for number of students who participate in semester-long international study.
- CSB is one of the top 3 liberal arts colleges in the "Up-and-Coming" category of U.S. News & World Report out of several hundred schools.
- CSB is 42nd on Kiplinger's 100 Best Private College Values list out of 1,300 private colleges and universities.
- CSB, along with SJU, is 1 of only 39 liberal arts colleges cited for best undergraduate teaching by U.S. News & World Report.
- CSB and SJU are among the top 100 colleges in Templeton Honor Roll for a strong and inspiring campus-wide ethos that articulates the expectations of personal and civic responsibility in college life.
- CSB, along with SJU, is 1st in Minnesota and 12th nationwide for number of international students according to U.S. News & World Report.
- CSB, along with SJU, is 1 of only 45 Fiske Best Buy Colleges.
- CSB and SJU are among the top 80 liberal arts colleges in Washington Monthly.
- CSB, along with SJU, is a Barron's Best Buy.



Alumna takes leading role at Saint Ben's

After more than 20 years of arts administration and fundraising in Washington D.C. and the Twin Cities, Kimberly Ferlaak Motes '89 is returning home to Saint Ben's.

In her leading role as vice president of institutional advancement, Motes will be responsible for all aspects of fundraising for the college as well as overseeing alumnae relations, Fine Arts Programming, and the Literary Arts Institute of College of Saint Benedict.

Motes brings an extensive background to the position. For the past two years, she has served as managing director of Theater Latté Da in Minneapolis. She was executive director for the Minnesota Shubert Performing Arts and Education Center (now named the Cowles Center for Dance and the Performing Arts), where she raised \$34.5 million and initiated and directed an award-winning, Internet-based arts education program.

Motes served as the director of development at Arena Stage in Washington, D.C. and managed the adult arts education program at the John F. Kennedy Center for the Performing Arts. She also created a national ballet training program with legendary ballerina Suzanne Farrell.

Currently, Motes serves on the boards of the Zenon Dance Company and Theater Latté Da in Minneapolis. She was also a member of the CSB Board of Trustees until her resignation to assume the role of vice president.

This appointment comes at an exciting time for Saint Ben's as the school looks to celebrate its inspiring 100-year history in 2013. In addition, a bold vision is in place to strengthen and sustain College of Saint Benedict for the next 100 years.

"Saint Ben's has an incredible story to tell," Motes said. "I am looking forward to the opportunity to share this with others and build a robust, vigorous fundraising program in support of an institution that has had a profound impact on my life."

She began her new role January 6.



For a complete list and details, log on to:
www.csbsju.edu/Admission/whycsbsju/guides



listen with the ear of your heart

by Heidi L. Everett and Catherine A. Stoch

In the 6th century, Saint Benedict implored “Listen carefully... and attend with the ear of your heart.” Centuries later, it is hard to know how this message would be received, given the competition. External chatter is ever present, and for our Bennies, it is no different. Emails, beeping phones, incoming text messages, friends in need, parental inquiries, professors’ expectations, papers to write, books to read, jobs to work, relationships in various stages—all beckoning for attention. In this Linked In world of near constant bombardment and 500+ Facebook “friends” it is hard to find time to still the chatter, truly be heard and converse about what is really important. It is harder still to make it a consistent pattern.

Monica Fallon ’13 illustrates this with an everyday picture from all of our lives: asking “How are you?” as you hurry past someone. “Sometimes we don’t even bother to listen to the answer before we hurry off because we expect it will be: fine,

good, alright, or okay,” she says. “Any other response would require us to stop and have a real conversation.”

In response to the need to stop and be still sits a program that unites women seeking to do just that: Companions on a Journey, which incorporates the tenets of our Catholic, Benedictine heritage and takes into account the way women—regardless of faith orientation—work out “vocation” in a church and society that impels them in certain directions and impedes others. Backed by the knowledge that 55% of our new entering students indicated that integrating spirituality into their lives a very important or essential life objective, students are encouraged, through curricular and co-curricular programming to explore their own vocational and spiritual journeys.

A cornerstone of the program invites each Bennie to develop an understanding of her own vocation through spiritual companioning,

building on the ancient practices of spiritual direction and consultation. The program’s centerpiece, Journey Groups, provide students and their facilitator “companions” dedicated time to slow down, turn off, keep perspective, listen and be heard. Journey Groups have also been formed among alumnae, faculty, and staff. These groups not only help women grow in relationship with God and each other, but they have enabled students to discern majors, shift career paths, and evaluate relationships.

Journey Group facilitator Jessica Guentzel ’05 describes the bond of group members this way, “We are held with care, respect, trust, and have the knowledge that through our successes and challenges there will be a group of women each month who are truly listening to our story with the ear of their heart.”

The Lilly Endowment Inc. has granted nearly \$2 million to CSB to enhance and expand programming for Companions on a Journey, a pioneering effort that took root on campus and helps prepare a new generation of women for leadership in church and society. Through innovative programming, women participate in Journey Groups, retreats, discussion groups and opportunities for reflection, and draw on the college’s unique Benedictine monastic heritage emphasizing listening and community.



keep them guessing

by Megan Atkinson '11
photos by Adam Konczewski

What do robots, strobe lights, and gamma rays have in common? They provide the fun factor when MapCores scholars get together for a play date. More importantly, working with these objects helps instill the self-confidence, resiliency, and problem-solving skills women need to succeed and excel in non-traditional science fields.

College of Saint Benedict is grateful for the \$599,950 grant from the National Science Foundation (NSF), the largest ever awarded from the NSF to CSB. The grant enhances the Math, Physics, Computer Science Research Scholars program, which blends scholarships, curricular refinements, monitoring, and support activities designed to attract, retain and graduate more women in these disciplines.

At 7:45 a.m., you can hear the laughter and noise erupt down the hall of the science building. Nine Bennies in comfy clothes and stocking feet vigorously cheer on their robots. They're battling for the championship title, after all.

And, which machine rolls to victory amid the cheers, clapping, and pounding? Albus Perceival Wolfrick Brian Dumbledore!

Competing robots, Herbie and Hal, didn't fare as well.

Shedding light on scientific inquiry

Racing robots is one experiment in a weekly problem-solving lab



that challenges female scholars to tackle unique projects in a field of study they are not familiar with. In this particular lab, students were asked to program light sensors on a robot in order for it to follow a line made by duct tape on the floor.

"We program the light sensor to recognize color distinctions," explains Laura Nierengarten '13. "The carpet has a light value of 44, the tape a value of 41. The sensor recognizes these color distinctions and follows the contrast the length of the duct tape and around corners. The robots even know when to reverse at the end of the tape."

How did these scholars know about light values and robot behavior? They didn't. They simply figured it out.

"We ask a lot of 'if' statements and test what happens," says Whitney Radil '13.

The trial-and-error approach used to achieve objectives is a key element of these labs.

"Students don't necessarily need to know math, physics, or computer science to program a robot," explains Kristin Nairn, professor of mathematics and advisor to Saint Ben's Math, Physics, and Computer Science Research scholars (known as MapCores). "They do need to think critically about their tasks and to be comfortable trouble shooting and reconfiguring their approaches to tasks."

The problem-solving lab -- and MapCores program as a whole -- encourages female scholars to take risks in classroom and lab envi-

ronments that are free of negative judgments.

MapCores scholars take an all-female, science-focused honors seminar their first year of school. The problem-solving lab is taken during their second year. An all-female research seminar is given during the junior year. Finally, scholars complete a senior research project. These are given in addition to the rigorous academic program within their majors.

"The all-female labs and courses help remove fear. The fear of failure or fear of being wrong is a block to research for women," Nairn says. "In the problem-solving lab, for example, the projects are so out of the norm of what they do that they have no expectations. They make guesses without fear and ultimately find success."

Developing critical thinking skills, self-confidence, and resiliency during scientific inquiry empowers the scholars to compete and succeed in fields that are typically dominated by men.

Putting CSB on the map for women scientists

The MapCores program is designed to attract more women into math, physics, and computer science at Saint Ben's. Often, classes in these majors at CSB/SJU have an all-male population.

MapCores changes that.

The MapCores scholarship is highly selective and competitive. In its first two years, 160 students applied for the program. Only 30



were accepted based on academic performance, prior coursework, an interview, and critical thinking skills demonstrated in their application essay.

MapCores has increased the number of women declaring computer science as a major 100% over the prior two academic years, up to six from three. The number of women declaring physics as their major increased nearly 30% over the prior two years, up to 15 from 11. Math remained consistent with approximately 50 declared majors.

Teeming with possibilities

The second-year cohort of MapCore scholars dives into the problem solving lab with determination and competitive spirit on this particular morning.

Team Dumbledore includes Michelle Hromatka '13, Maria Sakalosky '13, and Allie Reinsvold '13. The name of their robot was inspired by a night out with eight of the nine scholars at the midnight premiere of Harry Potter.

Team Hal – Whitney Radil '13, Laura Nierengarten '13, and Marie Meyer '13 – took a practical approach to naming their robot. Hal was the name on the packaging he came in. “We have a slow and steady robot in Hal,” Radil says. “When everyone else’s robot malfunctions, Hal keeps going.”

Team Herbie members Becca Simon '13, Jessica Solfest '13, and Katelin Weiers '13 all agree that their robot pulls through, like Herbie the love bug.

Establishing a team identity is one way the MapCores program builds camaraderie. The students also develop relationships outside the classroom and hold each other accountable. Meyer explains that four of these scholars live in the same suite; the other five live on the same floor. “It’s saved me a couple times getting me on that 7:20 a.m. bus for lab,” she says.

The women also benefit from the individual skill sets each member contributes to labs and classes. “We’re exposed to all the disciplines all the time in our lab,” Radil says. “So, we can practice, test, and learn from each other.”

In addition to the robot races, the scholars have figured out how to build mother boards and transistor radios, design a video game (which now resides in their suite, Simon whispers) and assemble platonic solids, which are variations of a sphere.

The scholars admit they don’t always know what the outcome of their lab experiments is supposed to be. “We had to practice soldering a circuit board to see what would happen,” Reinsvold explains. “We didn’t know what was supposed to happen, but our team lit up a strobe light. I got pretty excited.”

Some teams took the platonic solid project home. Hromatka says, “We enlisted the help of a roommate. She’s an art major and thought it was cool.”

Simon offers another aside, “We’re learning to contract out.”

The MapCore scholars’ final lab



(Above) Team Hal: Laura Nierengarten '13, Whitney Radil '13, and Marie Meyer '13 make minor adjustments to light sensors for the big race.

(Below) So many cool toys. So little time.

Becca Simon '13, Michelle Hromatka '13, Maria Sakalosky '13, Katelin Weiers '13, Jessica Solfest '13, and Allie Reinsvold '13 engage in an impromptu play session with a table full of . . . stuff.



experiment of the semester uses probability theory to determine whether or not a natural occurrence has the potential to destroy the Earth in their lifetime. Each team was assigned to investigate gamma rays, volcanoes, or asteroids to determine the probability of occurrence and assess the magnitude of damage. Nierengarten positions the challenge this way, “We’re learning to destroy the world.”

When asked if they’d let us know their assessment, Sakalosky smiles. “Would you really want to know?”



50 Fun Facts

about Erica L. Manternach '11

photos by Adam Konczewski • compiled by Heidi L. Everett

1. I am a first-generation college student.
2. My family and I milk 93 Holsteins on our farm in Iowa.
3. I have two brothers. Byron is earning his masters degree in engineering at Iowa State, and Jacob is earning a degree in dairy science at Northeast Iowa Community College.
4. As a child, I had 43 cats as pets.
5. My favorite kitten was named Pumpkin Pie.
6. My childhood hero was Barney.
7. I love listening to Michael Bublé.
8. One summer on the farm, I grew frogs from tadpoles and butterflies from caterpillars.
9. Creek stomping, making clay pots, eating mulberries, and sending messages in bottles were my favorite summer activities.
10. At Saint Ben's, I have an infamous craft box containing fun-wire, felt, paper, quilling strips, stickers, jingle bells, glitter, and many more art supplies.
11. I toured College of Saint Benedict on the coldest day of 2005 in February and the hottest day in 2006 in July.
12. I have lived in Corona, Lottie, Luetmer, Westkaemper, and Girgen residence halls.
13. During summer 2009, I coordinated over 25,000 guest stays in campus residential halls for CSB Events and Conferences.
14. Four a.m. is the latest I've stayed up studying for organic chemistry, while dark chocolate and good friends helped keep me awake.
15. My favorite weekend activity is sledding down snow-covered hills on rocking chairs and mattresses with friends.
16. I am co-president of the CSB/SJU Pre-Medicine Club.
17. Last year, my friends and I hosted dinner parties with different cultural themes. We "traveled" to Mexico, France, Greece, Kenya, and China.
18. I enjoy making snow-angels late at night when Saint Ben's campus is quiet and peaceful.
19. In 2009, I volunteered in an orphanage for HIV-positive children in Trinidad.
20. This past Halloween, a friend and I dressed up as a peanut butter and jelly sandwich. I was the jelly.
21. I volunteer at SJU as an Emergency Medical Technician.
22. I was Jones County Dairy Princess in 2006 and won the Iowa state pageant for best presentation.
23. I was a Girl Scout for much of my childhood.
24. Every spring, I tap maple trees and collect sap to boil down into syrup.
25. My best studying occurs after 10 p.m. on the exercise bikes in the CSB Fitness Center.
26. When I was little, I insisted my family and friends refer to me as "Erica Rainbow."
27. Sister Agatha was my Benedictine friend.
28. I was valedictorian of my high school class.
29. I ran cross country for six years in Iowa.
30. One day, I would like to own Mexican jumping beans.
31. I studied 30 hours each week for the MCAT this past summer.
32. I would like to learn how to make my own cheeses.
33. I conducted research on robotic hysterectomies this summer at Gundersen Lutheran Hospital in La Crosse, Wisconsin.
34. I have made chocolate from cacao beans.
35. I love house plants and have 10 in my CSB campus apartment.
36. I love the feeling of new, soft, cotton socks.
37. The Benedictine Sisters taught me how to quill during my freshmen year, and I have been

In addition to scholarships for music and academic achievement, Erica receives a scholarship from The Hearst Foundation. The foundation's grant is a \$300,000 endowed scholarship for students with a GPA of 3.4 or greater and demonstrated financial need. We're honored that The Hearst Foundation has awarded Saint Ben's grants for scholarships since 1986.

quilling cards ever since.

38. My favorite part of holidays at college is enjoying Thanksgiving dinner at SJU and Holiday dinner at CSB.
39. I am in my fourth year of teaching outdoor nature classes to elementary students and community members as a student naturalist for Saint John's Arboretum.
40. I am the food lab manager and a teaching assistant for the Nutrition Department.
41. I played saxophone in the wind and jazz ensemble at CSB/SJU.
42. I have been accepted to med school and hope to become a primary-care, osteopathic physician.
43. I can drive a Farmall M tractor.
44. I took piano lessons for 13 years.
45. I love the smell of fresh cut grass.
46. For most of my childhood, I wanted to be a priest. I held Mass on my porch, complete with songs from old hymnals and communion.
47. I have a collection of over 200 unsharpened, unique pencils that I started when I was seven.
48. My favorite quote is one by Ralph Waldo Emerson, "Do not go where the path may lead. Go instead where there is not a path and leave a trail."
49. I have met Martina McBride, Keith Anderson, and Greg Stokes.
50. Autumn is my favorite season because it is tantalizing to all senses when I hear leaves crunch below my feet, feel cool breezes brush against my skin, and gaze at brilliant fall colors.

42



10



18



36

41



hearts filled

edited by Heidi L. Everett



CSB/SJU received two grants from the ASIANetwork Freeman Foundation Student-Faculty Fellows Program to support collaborative research in Asia. One grant funded five independent research projects in Nepal by CSB students Elizabeth Carroll-Anderson, Megan Kack, Jessica Najarian, and Sarah Mahowald, and CSB graduate Jamie Utzinger '09.

Najarian focused on the lack of adequate understanding regarding Alzheimer's and dementia in the Kathmandu Valley. Kack studied the socio-cultural forces that hinder the ability of Western dental practice to bring advanced dental technology to Nepal. Utzinger chronicled the life stories of five women through narratives and photographic images in the Pokhara area. Carroll-Anderson tutored Buddhist nuns in Spanish and conducted research on why Nepali women enter monasteries. Mahowald, who is returning to Nepal for a second summer, helped design and integrate an art education curriculum for several art schools.

What follows are excerpts from the blog that these Saint Ben's researchers kept while in Nepal.



Enjoy the full blog and pictures:
<http://csbnepal2010.wordpress.com>

Have bags. Will Travel.

Posted Wednesday, June 9, 2010

Sitting here in my College of Saint Benedict office, I know there are five Bennies and five Johnnies out there madly packing for our trip to Nepal. Half will conduct research and half will intern. All of us will have our senses overloaded and our world views challenged.

– Kolleen Kellom, *associate vice president, institutional advancement*

We're here

Posted Saturday, June 12, 2010

Miracle of miracles. 36 hours on the road!

Out in the open

Posted Sunday, June 13, 2010

We visited Pashupatinath Temple, one of the holiest temples in Nepal. The students were mesmerized by burial ceremonies. One remarked that in the U.S. we keep everything hidden, indoors, out of sight. Here everything is outside, under the open sky for all to see. Death is part of living. Another noted that our culture seems surprised when someone dies – like it's not expected to happen, even though we all know it will, and it does.

Making connections

Posted Monday, June 14, 2010

Today is a work day – we connect with some sites and people with whom our researchers will work. We'll go to Shri Shakti, which focuses on women's empowerment. We'll visit Whitefield School where some of our students will intern as teachers. Jessica looks forward to connecting with the Nepalese expert in Alzheimer's work. Tomorrow we go to a monastery where Liz is eager to learn about the women Buddhist monastics. We have rested, found a good restaurant

with hummus and pita bread. What else do we need?

Still Monday -- What a sight!

Posted Monday, June 14, 2010

In the middle of five squeezed-tight lanes (if you can call them lanes) where rear-view mirror touches rear-view mirror sleeps a dog. No one runs it over – it just sleeps peacefully.

Megan Kack's adventure starts

Posted Tuesday, June 15, 2010

She writes, "I had a successful first meeting with Dr. Sudin Shakya, D.M.D. and Dr. Sujit Shakya, D.M.D at the National Dental Hospital. A goal of this hospital is the promotion of oral health through training and dental camps. Dr. Shakya is a wonderful mentor. I will be observing in the hospital and clinic settings and conducting a dental camp. The dental camp will allow me to survey patients as well as allow dentists to provide much needed dental work. What an exciting start to my project."

Liz Carroll-Anderson is off

Posted Wednesday, June 16, 2010

Liz left us for a week to live in the Buddhist nuns' monastery in the village of Pharping.

The road with Jessica Najarin

Posted Thursday, June 17, 2010

Today we were able to visit the Mother Theresa Center and a home for the elderly that takes care of Alzheimer's sufferers.



What's the word?

Posted Friday, June 18, 2010

We are reformulating some of our assumptions as we learn what is actually possible on the ground here in just five weeks. What some of our students thought might work as they pondered research from the comfort of Saint Ben's becomes a test of creativity, flexibility, ingenuity, and patience. That was the word at breakfast this morning.

Sarah Mahowald takes off

Posted Friday, June 18, 2010

She writes, "My helpful contact, Deependra, has started the 'School of Creative Communications.' In July he is hosting a workshop for children and asked if I would like to teach! Today I met with a friend



of Deependra's named Sujan Chitrakar (his last name means 'traditional painter'). What a fascinating man! He started the first 4-year BFA program in Nepal. The school is part of Kathmandu University but has its own campus about 30 minutes from the heart of Kathmandu. What struck me about Sujan was his vision and philosophy. He wants students to learn practical applications for an artistic career, and he provides opportunities for foreign exchange, hosts workshops, and is constantly looking to expand resources and curriculum. Most impressively, he plans to launch a masters' program this February! The school started 6 years ago with 6 students and now enrolls over 60! Lots of enthusiasm radiates from the growing modern

art scene in Nepal. I have lots to investigate!”

A cow on a motorcycle

Posted Friday, June 18, 2010

Have you ever seen a cow on a motorcycle? We saw one today. Two guys on a cycle had a cow straddling the cycle cross-wise between them. The back legs were dangling over one side, the front legs accompanied by a confused looking head bounced along on the other side. The camera was packed away, of course. Yesterday it was five goats in the backseat of a car. Have you seen that!

Jessica continues her search

Posted Sunday, June 20, 2010

She writes, “I went to the Patan Mental Hospital. This hospital has 45 beds. Most in-patients suffer from schizophrenia and depression. On a tour, I saw that family members stay with patients. I was told that if I wished to find Alzheimer’s and dementia patients I needed to stay in the out-patient clinic. Because Alzheimer’s and dementia are not well documented or diagnosed here, there are no accurate records on how many patients actually suffer from the diseases. Administrators informed me that about 1 percent of the population suffering with Alzheimer’s and dementia are diagnosed and treated. I believe that if I could talk to some of the families and patients with I might gain powerful information. Finding these families is difficult. Tomorrow I go back with a translator and a translated copy of my questionnaire and try to conduct my research.

“I also learned what is meant by the word caregiver. In Nepal, it is primarily the family members

who are the caregivers, while in the West, the word usually means a doctor, nurse, or other healthcare provider.”

Hot, humid, and intense

Posted Sunday, June 20, 2010

We went to the Shtrii Shakti (S2) conference titled Women’s Sexuality and Empowerment. Researchers stressed that women in Nepal are generally ignorant of their own sexuality, subservient, constantly controlled by the men in their families and society, and unaware of their rights. This drives them into



silence and divides women from their very being. In the broader culture, women are goddesses in mythology; they are powerful creative forces. In reality, women are dreadfully downtrodden and hidden. We are grateful to Corbin Cleary, one of our SJU students, for his internship work at S2. He wrote one of the speeches and helped set up the conference site.

Hot, humid, and productive

Posted Monday, June 21, 2010

Today we met with the woman who founded and runs Shtrii Shakti. Her name is Indira Shrestha, and she is a dynamic, focused and determined woman who is listed as one of the top 1,000 women in the world working for women’s rights. She speaks of the light within each person, and the need to bring that light out, to recognize that light in each person. When I told her Saint

Ben’s motto is “Let your light so shine” she was delighted. ‘So you know what I mean, then,’ she said.

Jamie Utzinger is awestruck

Posted Wednesday, June 23, 2010

She writes, “I suppose Anuradha Koirala has that effect on everyone she tells her story to. When you first meet her, you are taken by how strong of a presence this petite woman has. When she talks, she talks with such passion that you get lost in her words.

“She told us about her childhood in India with her mother, who worked along side Mother Theresa. After she returned to Nepal and faced her own domestic hardships, she took under her wing a few women who were victims of trafficking and domestic violence. Demand for her aid grew. Today, she and her organization, Maiti Nepal, have rescued, counseled and sought justice for over 12,000 women and children.

“She told us of how most of the girls from the villages are tricked into thinking they are getting a nice job in the city and then are brought across the border to India. The brokers can be anyone, from relatives to complete strangers. In the brothels, the girls are beaten, drugged, and forced to have sex with as many as 60 clients a day. Most girls are aged 6 to 9 when they are first trafficked, according to Koirala. We had the opportunity to meet a few girls who were willing to share their stories. They’ve lived through horrors that I cannot even comprehend.

“It is this pain, suffering and hopelessness that Anuradha Koirala sees in the girls eyes that give her strength to keep doing what she does. Her biggest accomplishment, she says, is yet to come: the day she

can close the doors of Maiti because not a single woman or child is trafficked – that is the day she will rest.”

Around town

Posted Wednesday, June 23, 2010

One of our students, a bit stressed by the constant barrage of “Want to buy something today?” as you walk down the street, commented that this is just a different kind of marketing. At home we get annoyed at the zillions of TV ads, magazine ads, and junk mail. At least we can turn off the TV or throw stuff away. Here, it’s in your face!

Radiating joy

Posted Wednesday, June 23, 2010

We traveled into the hills to get fresh air and pick up Liz. For the past week she’s been staying with one of the 13 monastic communities in the Pharping area. Liz was radiant as we met her at the gate and as she gave us a tour. She said the week was simply spectacular.



A day of surprises with Charlie

Posted Wednesday, June 23, 2010

SJU student Charlie Davisson invited us to meet an architect who specializes in old building and monument restoration. His office is located at Patan Durbar Square, which is a treasure all by itself. Patan, famous as the oldest city in



the Kathmandu Valley, is known as the City of Fine Arts. It is a photographer’s delight.

Village life

Posted Saturday, June 26, 2010

We found ourselves in a hillside village of special significance: it aims to be self-sustaining, environmentally friendly, organic, a cooperative, and profitable, too. The cooperative began with little but now, through its policy of micro-loans, is worth over 250,000 (I’m not sure if she meant US dollars or 250,000 Nepali Rupees – and I didn’t ask.)

“Hearts should leave room . . .”

Posted Saturday, June 26, 2010

The other day Sarah interviewed Sangeeta Thapa. She writes:

“This assiduous woman’s double-sided business card is a laundry list of accomplishments and titles. When I interviewed her, she had just come back from 18 days in Thailand visiting her mother and was to leave in a day for Sudan to reunite with her husband – a UN employee.

“I started a movement here in Nepal,” she says. From her I learned how the Maoists try to control the arts. Sangeeta joined forces with Shashi Kali Tiwari, a Nepali artist. They started Siddhartha Art Gallery to create an interest in modern art. Their efforts were thwarted by a civil war. The Maoists targeted and attacked many of the largest business owner’s homes, kidnapping their children and stealing their money. These particular families were patrons of the arts and had taken an interest in buying modern Nepalese art. After facing such brutality, these families held on to their money, fearing any extravagance would bring unwanted attention to them.

‘Hearts should leave room for

Nepal because,’ in Sangeet’s words, ‘Art from Nepal is at its most exciting period. After enduring political upheavals, Nepali artists are registering changes in their art. They want to show this to the world.’”

Reflections on human dignity

Posted Friday, July 9, 2010

Jessica writes, “This experience has changed my life in ways I could have never imagined. I have gained a new respect for all humans in all walks and ways of life. Witnessing the birth of a Nepali child and the kindness of an elderly Alzheimer’s patient who offered me her last mango, I experienced the importance of human dignity. I’ve discovered that humanity’s survival lies with each one of us individually, and whether we choose to aid in this work can make all the difference in the world.

“My research also has taught me that each culture embraces the elderly in different ways. However, we will all grow old one day, and our humanness will be the same. We should take pride in caring for our elders and give them the respect they deserve. Our elders are a living history of a cherished and valuable society.”

Megan’s day at dental camp

Posted Tuesday, July 13, 2010

She writes, “Facilities for dental treatment rarely exist outside of the Kathmandu valley and dental problems go ignored in remote regions. The Satungal community received a free dental camp. Satungal has one dentist who has been practicing for one year. The nearest treatment facility is 3.5 kilometers away. Most individuals who were seen at the dental camp know they need to brush teeth, but proper techniques were not known. Some of the elderly use tree twigs to brush or mustard oil and salt. The major-



ity of those surveyed at camp had never been to the dentist before. Everyone waited in the hot sun for hours and were relieved to finally receive treatment after many years of suffering.”

There are no words . . .

Posted Wednesday, July 14, 2010



The students took an exhausting mountain hike. The following is a compilation of their reactions: “Walking 53 miles through villages that hang on the edge of cliffs and are enshrouded in fog, all you can do is focus on the few feet in front of you, on the slim, little path that is your link to the next set of huts. It is a physical endurance test, yes, but more than that — it is about willing yourself to go on, even when you think you can’t. When you are alone with your thoughts, on a little path in the fog for hours at a time – it affects you. It slows down your mind, your thoughts.

Everything quiets down. You can’t escape your self. Living on the edge has a different meaning for me now.

In search of the perfect banana

Posted Friday, July 16, 2010

Going up from the Pokhara Valley into the higher mountains, we found fruit stands along the slim slice of roadway. Three women sitting on the stoop of a little house sporting pineapples and beautiful bananas caught our eye.

Stop the van!



Fresh, just off the tree - you rarely taste anything so terrific as a perfectly ripe, fresh banana. Each cost 5 Nepali Rupees – approximately 7 cents. What a treat!

Women creating change

Posted Saturday, July 17, 2010

Jamie writes, “With an open heart and an open mind, I embarked on an adventure to meet incredible, influential women and learn their stories. What I am discovering is women dream larger than life, with a passion to help people unconditionally and improve the quality and equality of their sisters’ lives. Each woman has taught me something different to take back to the West: a new attitude, a new belief, a new appreciation for the world.”

Becoming each other’s families

Posted Tuesday, July 20, 2010

Liz writes, “Ultimately, the most important question is, in a society that tells women their role is to

marry and have children, why do some Buddhist women choose the monastery over marrying and creating a family?

“The day after I arrived, the nuns had a holiday, so I was able to spend time getting to know them. There is a strong sense of community. This helped explain why the nuns were okay leaving their families; they support each other and become each other’s families.”

One last stop

Posted Wednesday, July 21, 2010

This journey is nearly at its end. After a short visit to New Delhi, the group visited the famous city of Agra, home to the more famous Taj Mahal. It is spectacular.



Photo, left to right: Charlie Davison, Patrick Lowder, Corbin Cleary and Ryan Gott. Front row: Jessica Najarian, Megan Kack, Gar Kellom, Jamie Utzinger and Liz Carroll-Anderson.

Reflecting on the past weeks, Megan writes, “The best journey’s are the ones that answer questions you did not think to ask in the beginning. My trip has led me to ponder, question, grow, and form new perceptions of my everyday situations. Mostly, as Bill Holms writes, traveling to a foreign culture illustrates how the heart can be filled anywhere on Earth.”

ALUMNAE MILESTONES

Amy Rhodes Loney '04 and Eric Loney were married July 2010.



For complete news and notes from classmates, log on to www.csbsju.edu/csbalum/news

Space permitting, the class notes section will contain milestones or professional updates. Marriages, births and deaths will be printed if they have taken place in the past 12 months.

For a full version of class notes, please check www.csbsju.edu/csbalum/classpages

For current updates from classmates and to post your notes go to the online community: www.csbsju.edu/csbalum/community

1954

Mary Jo Willette Hughes was a 2010 Recipient of the Mother Benedicta Riepp Award from the Sisters of Saint Benedict.

1957

Angeline Dufner and S. Phyllis Plantenberg received the 2010 Public Service Award, on behalf of the St. Joseph Farmers Market. Angie and S. Phyllis were instrumental in its founding in 2000. Since then, the Market has grown into a year-round enterprise.

1963

Dr. Pat Vincent Pickett received the Award for Communication from the Mayor of Nashville, TN. This award was the result of a selection process by the Mayor's Advisory Committee for People with Disabilities. As Director of Pastoral Care at Clover Bottom Developmental Center, a state institution for persons with developmental disabilities, she was chosen for her work with non-verbal persons through art, helping them find their voice in a nontraditional way.

1964

Joan Strom Riebel was a 2010 Recipient of the Mother Benedicta Riepp Award from the Sisters of Saint Benedict.

1973

St. Cloud Hospital Nursing Research Committee recently announced Kathleen Domino Ohman, Prof. of Nursing, CSB/SJU, and patient care support float pool nurse, received the Lifetime Achievement Award.

1976

Beth Garin Tomlinson received a Master of Arts in Gerontology from Bethel University in May 2010.

Kathryn Erpelding Petri was awarded 2010 Western Region Secondary Art Educator of the Year by the NAEA National Art Education Association.

Imation named Patricia A. Hamm to Vice President of Global Human Resources.

1977

Claudia Ryan Mosley founded The Women, Wisdom and Wine discussion series to bring the information you crave to life and make it personal. Learn more: womenwisdomandwine.com.

1978

Ann Stein Forner received a Masters Degree in Vocational Rehab Counseling from SCSU.

Kathleen Kjolhaug released two books: Love You Big: The Heart Journey of Adoption along with companion journal, The Heart Journal of Adoption. www.sugarbrookecreative.com.

Joan Schmitt Gasser is now Board Certified as a Specialist in Gerontological Nutrition, only 1 of 6 in Minnesota.

1980

Vicki Rasmusen was named one of the Minneapolis-Based Finance and Commerce's Top Women in Finance 2010. She is currently the vice president of finance, facilities, leverage and process solutions at Medtronic Inc. which includes overseeing Medtronic operations in Europe, Asia, and Latin America. In her third year with Medtronic, Rasmusen received formal recognition for her efforts, winning the company's highest honor - the Wall in Leadership Award.

1981

SALO, LLC has named Minneapolis executive Ann Ruschy to lead its human resources affiliate company, Oberon, LLC. Ruschy has more than two decades of executive management experience from a range of companies and industries. Mary Eldredge-Sandbow writes, "I am just finishing up my official year as North Dakota Teacher of the Year for 2010. It has been a huge honor to represent the teachers in North Dakota. I am grateful for the education I received at CSB! I teach Biology at Des Lacs-Burlington High School in Des Lacs, North Dakota."

1980

Judy Poferl is president and CEO, Northern States Power Company-Minnesota, an Xcel Energy Company with responsibility for the company's electric and natural gas operations in Minnesota, North Dakota and South Dakota. She was also named one of the "25 Industry Leaders" by Minneapolis/St. Paul Business Journal.

1983

Donna Davis Oliver celebrated 20 years with Amtrak in January 2010.

Deb Chaney Rugar was hired to coach Newman Girls Tennis.

Lisa R. Griebel has been elected Treasurer of the Minnesota Defense Lawyers Association. Griebel is a founding partner with Terhaar, Archibald, Pfefferle & Griebel, LLP located in Minneapolis, Minnesota.

1984

Nancy Polomis was selected to serve a term on the Board of Directors for CAI-MN Chapter.

1987

Theresa "Teri" Skluzacek Carlisano was valedictorian of the graduating class of William Mitchell College of Law in January 2009. She has since passed the Minnesota State Bar exam and is employed as a staff attorney with the Toro Company.

Sue Forsberg West was promoted to Chief HR Officer, Senior Partner, at Carmichael Lynch advertising firm in downtown Minneapolis.

1990

Holly Holdgraf Baker, Ph.D., was promoted to Vice President at Measurement Incorporated located in Durham, NC. Holly oversees the Performance Assessment Scoring Division as well as the company's strategic partnerships. She is also the national and state policy liaison for the company.

Renee Chouinard Braun was named Teacher of the Year at Cudahy Middle School, Cudahy, WI (near Milwaukee).

Margaret Murphy, president of Denali Marketing, has been named president of OLSON's new specialty discipline, OLSON denali.

1991

Brenda Ridgeway Marcy received a Nurse Practitioner degree from the College of Saint Scholastica.

1992

Becky Kornovich Papp is self-employed as a writer in Phoenix, AZ. She just finished an e-book, Natural Remedies for Children with Autism. www.beckypapp.com

Jan Maxfield was named director of women and children's services at Rice Memorial Hospital. Maxfield began her career with Rice as a staff nurse in the obstetrics unit in 1979. In 1999, she earned a master's degree in nursing from the College of St. Scholastica in Duluth. Maxfield is

Kim Nuytten Pilney '99, Beth Pothen Crosby '99, Beth Mazzone Friedrichs '99, Bernadette Martens Chapman '99, Janna Jenson '99, Jen Jelinek Vinck '99, and Amy Antoine Wolvert '99 all supported bride Shannon Shimota Hanlon '99 on her wedding day in July 2010.



a member of the Association of Women's Health Obstetrics and Neonatal Nursing. She is also a member of the Minnesota Organization of Leaders in Nursing.

1993

Meredith Hazelton Speier was named Senior Director, Strategic Planning at JWT, 2009's Global Aid Agency of the Year.

Kelly Schmitt accepted a new position as Senior Vice President, General Counsel of Screenlife, a subsidiary of Paramount Pictures Corporation, based in Seattle, Washington.

1994

Jennifer Nord Mallard accepted a position at Mayo Clinic. She will be based in Washington DC as Director, Federal Government Relations. Katie Leary was named Regional Owner of Mom Corps in Minneapolis.

1995

Amy Bonfig Vos founded Little Saints Academy in Saint Joseph, MN. "We sing and dance, sculpt and paint, play and laugh and so much more," she says. Studies show music and music experiences in the first years of life support important brain development.

1996

Melanie Schoenborn Johnson accepted a position as Fetal Alcohol Spectrum Disorder Case Manager for the White Earth Reservation Tribe in Northwestern MN after earning a license in Social Work.

1997

Minnesota Center Chorale has named Jody Schindele Martinson its new music director. The Initiative Foundation has named Sara Dahlquist as its children, youth, and families specialist. She will coordinate the foundation's Minnesota Early Childhood Initiative and its 16 regional coalitions; the Minnesota Thrive program for early childhood mental health; the Youth as Resources program for teen leadership and community service; and the Inside Out Connections program for children of incarcerated parents.

Anne Olson received a Masters in Public Administration from Hamline University in May 2010.

Corie Dumdie Barry was promoted to VP Finance-Home Customer Solutions Group at Best Buy Co., Inc., in Richfield, MN.

Tammy Salfer Boushek was recently made Executive Director for Love INC of Douglas County Lakes Area.

Amy Fredregill, vice president of Cooperative

Network, was named one of "Women in Business-25 Women to Watch" by Minneapolis/St. Paul Business Journal.

1999

Michelle Macy is a marathon swimmer and is currently working to raise 50k for breast cancer research at the University of MN - Masonic Cancer Center. www.macyswim.com

2000

Ampusam Symonette and a team of 5 other Bahamian health professionals volunteered in Haiti to provide healthcare.

Sarah Fehringer accepted a position at Bellevue Public Schools located in Omaha metro as a School Social Worker.

Alicia Foulk Fisher received a MSN degree from New York University in May 2009. With this degree she is an Adult Acute Care Nurse Practitioner.

2001

Patty Stang wrote a book with Sister Lois Wedl about using pets and puppets to teach social skills.

Rebecca Johnson graduated from the University of Minnesota Medical School in May and joined the Pathology residency program at the University of California - San Diego in June.

2002

Heidi Anderson Reuter became Wadena, Minnesota's first female dentist. She has joined the practice of Dr. James Matthiae.

Emily Mages Rath graduated from Winona State University May 2009 with a Master's in Nursing. Currently, she is a Nurse Practitioner in the department of Family Medicine at Mayo Clinic.

Rebecca Schafer was hired as a new trial attorney at Huddleston Bolen in KY. Schafer joins the firm's litigation department, concentrating in the areas of product liability litigation.

2003

Beth Juelich-Velotta co-authored a chapter in a book on technology and teacher education. The chapter is titled "Synergy: Service Learning in Undergraduate Instructional Technology Courses."

2004

Johanna Paron was promoted to Corporate Application Support Specialist at Global Education Network.

Amy Pauling accepted a position at Rudolph Technologies, Inc. located in Bloomington, MN as Marketing Communications Specialist.

Amy Schwarz was admitted to the Minnesota Bar to practice law. Her grandfather John Franta '53, made the motion to admit her.

Catherine Brownell Wykoff received a Masters in Education in Curriculum and Instruction in Multicultural/Multilingual Education from George Mason University in May 2010.

Jessica Johannek influenced by Sr. Dennis, opened her own pottery store in Buffalo, MN.

2005

Theresa Guentzel Reichert was a 2010 Caritas Award winner. She spent several weeks in Haiti as a nurse volunteer following the earthquake.

Jessica Tierney received a Doctor of Medicine degree from the University of Minnesota Medical School in May 2010.

Jalissa Huepenbecker Kruckman graduated from U of MN Dental School in May 2010.

Emily Buss received a Master of Arts in Organizational Management from Concordia University - St. Paul, MN in May 2010.

Abby Heaps Bathke received a MS in Nursing from University of MN in May 2010. She is a Family Nurse Practitioner working at a community clinic in Minneapolis.

Kate Dantoft graduated from The Chicago School of Professional Psychology with a doctorate in Clinical Psychology in September 2010. Her training focused on trauma work with children who have suffered sexual abuse, torture survivors, children diagnosed with cancer and other trauma survivors.

2006

Catherine Claeys was promoted to Senior Account Executive at Padilla Speer Beardsley.

Christine Johnson received a Master of Science degree in Archaeology from the University of Edinburgh in November 2009.

Michelle Kurt received a M.D. from University of Iowa College of Medicine in May 2010.

Jennifer Lien Wesenberg received her PhD from Kirksville College of Osteopathic Medicine in May 2010.

Amber Wacek received a Doctorate of Physical Therapy from University of Wisconsin-Milwaukee in May 2010. She is living in Milwaukee and working at United Hospital Systems in South-eastern Wisconsin.

Megan Clairmont received a Doctorate of Pharmacy from University of Minnesota College of Pharmacy in May 2010.

ALUMNAE MILESTONES

2007

Abby Johnstone is attending Pharmacy school at UMD. She won the Local Clinical Skills Competition at the University of Minnesota College of Pharmacy which allowed her to advance to the National Clinical Skills Competition in Las Vegas, Nevada to compete against the other 101 pharmacy schools in the nation.

Brittney Johnson accepted a position at Duluth Clinic West as a Physical Therapist. She received a Doctorate of Physical Therapy from St. Catherine University in May 2010 and received the MNAPT Physical Therapy Student of the Year award at St. Catherine University in April.

Anne Redmon Johnson received a Doctor of Physical Therapy from St. Kate's in May 2010.

Jessica Wendland received her MBA from Saint Cloud State University.

2008

Calley Kingston received a Masters in Social Work from St. Kate's/St. Thomas in May 2010.

2009

Kenna Belcher is a Network Management Associate at DeCare Dental in Eagan, MN. Megan Vetsch is working as the Operations and Marketing Manager with Fine Arts Programming at CSB/SJU.

Paige Kamke is working at KPMG in the Federal Government Audit Practice in Washington, DC.

Emilee Parsons is attending Debusk College of Osteopathic Medicine located in Harrogate, TN.

Jacki Van Moer is in her second year of law school at St. Thomas. Last summer she completed a law program in Rome.

From this day forward

- 1981 Molly Dolan to Jim Bird, Oct. '10
- 1988 Ruth Hufnagle to Brian Backlund, Sept. '10
- 1989 Patricia Mattern to Jennifer Bravinder, Aug. '09
- 1990 Sarah Manship Dimmerman to Paul Rolewicz, Oct. '10
- 1993 Karen Dahlheimer to Richard Reseland Oct. '09
- 1997 Heidi Euteneuer to Kurt Meyer '95, June '10
- 1997 Angela Pierce to Eric Mejdrich, April '09
- 1997 Amy Guertin to Aaron Fair, Sept. '09
- 1997 Jennie Pflueger to Dan Reider, Oct. '10
- 1998 Elizabeth Fenske to Hans Van Slooten, July '10

- 1999 Shannon Shimota to Steve Hanlon, July '10
- 2000 Sarah Fehringer to Greg Boettger, Oct. '09
- 2000 Molly Borg to Patrick Thornton, Nov. '09
- 2000 Alison Surdo to Lindsey Ling-Sun Cheng, Jan. '10
- 2000 Brandi Senn to JD Stavlo, Aug. '10
- 2000 Gretchen Adelman to Michael Korf, May '10
- 2000 Kimberly Soon-Young Therres to Joseph Oh, Sept. '10
- 2001 Sarah Kahler to Ryan Jones, Oct. '09
- 2001 Rebecca Johnson to James Baldrice, June '09
- 2001 Lisa Coleman to Brian Smith, Aug. '10
- 2001 Alison Borman to Brian Bell, June '09
- 2001 Dawn Bauerly to Corey Pieper, Dec. '10
- 2002 Christine Hegge to Christian Finch, July '09
- 2002 Tina Schochow to Chris Greazel, June '10
- 2002 Shannon Kegley to Andy Hagen, Sept. '10
- 2002 Amy Flaherty to Andrew Gorn, July '10
- 2002 Mary Keane to William Willner, June '10
- 2003 Katie Lutz to Paul Higham, Feb. '09
- 2003 Beth Juelich to Timothy Velotta, June '09
- 2003 Medora Gruber to Joel Schou '03, July '10
- 2003 Kate Johnson to Luke Doubler '03, July '10
- 2003 Kristin Erickson to Michael Kraemer, Aug. '10
- 2003 Darcie Waldvogel to Timothy Boogaard, Aug. '10
- 2003 Natalie Scheidt to Carl Zeigler, April '10
- 2003 Michelle Cottingham to Gregory Prokott, Aug. '09
- 2003 Chauntae Ruppe to Steven Nichols, Oct. '10
- 2003 Emily Sirek to Mathew Ferche '03, Oct. '10
- 2004 Yen Doanto Frank Fasano, May '08
- 2004 Johanna Paronto Daniel Miller, Oct. '09
- 2004 Maria Catesto Patrick May '04, Oct. '09
- 2004 Kristin Holmes to Chris Stapleton '04, Oct. '09

- 2004 Sarah Tellinghuisen to Tommy Euston, Dec. '09
- 2004 Andrea Pavelka to Kjell Hoversten, June '10
- 2004 April Schommer to Andy Bushman, June '10
- 2004 Hilary Knoll to Todd Anderson, Sept. '10
- 2005 Kelley Newman to Matthew Bethke '05, Oct. '09
- 2005 Megan Orgeman to Scott Crumb, May '10
- 2005 Keely Nolan to Josh DeBell, Mar. '10
- 2005 Lauren Chupita to Chase Dankers '05, Aug. '09
- 2005 Lacey Russell to Otis Westbrook, Dec. '09
- 2005 Bethany Heinzen to Jay Robicheaux, Aug. '09
- 2005 Cassandra Young to Adam Stark, Sept. '09
- 2005 Julie Hall to Josh Orman '04, May '09
- 2005 Jess Berghusen to Derick Splitter, June '09
- 2005 Ashley Krenz to Troy Wendlandt, Feb. '10
- 2005 Katherine Furniss to Matthew Smith, April '09
- 2005 Danielle Weber to Andrew Spaanem '06, Aug. '10
- 2005 Molly Rinowski to Andrew Olsen '05, Sept. '10
- 2005 Emily Buss to Ted Blus, July '10
- 2005 Kimberly Johnson to Kraig Boser, Aug. '10
- 2005 Meghann Green to Andy Witchger '05, July '10
- 2005 Sarah Kopischke to Justin Ashton, June '10
- 2005 Marian Studer to Kyhl Lyndgaard '99, June '10
- 2005 Alyssa Wenz to Mark Dunnigan '05, July '10
- 2005 Meghan McMurray to J. Ryan Currens, Oct. '10
- 2005 Emily Hesse to Nickolas Dalbec, Oct. '10
- 2005 Melissa Petterssen to Eddie Kaiser '03, Sept. '10
- 2005 Sara Kersbergen to Gabriel Ruiz, July '10
- 2006 Brittany Mrozek to Andrew Schou '06, Aug. '09
- 2006 JaNae Altepeterto Kelby Teer, Dec. '09

Jill Bauer Brehm '05 and husband, Kyle,
welcomed Daniel Arthur June 2010.



2006	AmyRadatoNickZarns'06,Oct.'09	2007	Dawn Moldan to Brian Chen '07, Aug. '10	2009	Stephanie Krzmarzick to Rob McMillan '09, June '10
2006	Nicole Lindgren to Jake Biskey, April, '09	2008	Jolene Fischer to Robert Gerads, Nov. '09	2009	Catherine Desalvo to Trent Miller '09, Aug. '10
2006	Tara Jo Huxford to Andrew Olson, Oct. '09	2008	KaylaNelsontoJohnTodd,Oct.'09	2009	Kara Rae Thomalla to Justin Panek, Aug. '10
2006	Valerie Durand to Rudy Kovachevich, June '09	2008	Elizabeth Seviola to Todd Benusa '08, Sept. '09	2009	Lindsey Novak to Jon Shellenberger, Aug. '10
2006	Jennifer Lien to Nathaniel Wesenberg, May '10	2008	Elizabeth Sturlaugson to Marc Kohlhof '07, Oct. '09	2009	Mara GrivnatoTylerWurm, July'10
2006	Lindsay Krieg to Joe Block '06, June'10	2008	Amy Carruth to Dan Fremling '06, June '09	2009	LindsayPagardtoJoelHolyan,Aug.'10
2006	Melissa Cambronne to John Broich '06, June '10	2008	Melissa Hund to Jhon Giancarlo Cerna Caruajulca, Jan. '10	2009	Megan Maus to Michael Radtke '10, July '10
2006	Emily Cook to Jeff Lundgren '07, July '10	2008	Raeleen Rasmussen to Rob Fandrich, Aug. '09	2009	Amber Wetter to Matthew Moldan, June '10
2006	Sophia Polasky to Christopher Lauer'06, July'10	2008	Brittany Billehus to Christopher Sele '07, July '10	2009	Sonya Kamen to Andrew Gaydos '09, June '10
2006	Meghan Ellenbecker to Bill O'Keefe, Aug. '10	2008	Kelly Holmseth to Matthew Bohlig '08, Oct. '10	2009	Ashley Brandel to Joe Veeder '09, Oct. '10
2006	Jackie Moran to Reid Craigmile '07, Aug. '08	2008	Elizabeth Seviola to Todd Benusa '08, Sept.'09	2009	Kimberly Watkins to Jason Lutz '10, May '10
2006	Lindsay Novak to Jason Good '06, May '09	2008	Melissa Viaene to Dan Nelson '08, May '10	2010	Mya Olsem to Daniel Herscher '08, May '10
2006	Bethany Keene to Ryan Buus '04, Aug. '10	2008	Sarah Mattson to James Bockwinke l'08, Aug. '10	2010	EmmaJaynestoTomKeeler,Aug.'10
2006	LisaBushtoTylerNelson,Sept.'10	2008	Carolyn Hejny to Chad Stang '08, Aug. '10	2010	MariaGautoEricBavier'10,July'10
2007	AlishaKrieseltoScottRand,Oct.'09	2008	Calley Kingston to Derek Roers '07, June '10	2010	JessicaHuottoNickLahti'12,Aug.'10
2007	Heather Fischer to Dan Klescewski, Jan. '10	2008	Marit Swartout to Tom Kirzeden '08, July '10		
2007	KatieLenztoChadNorris,Nov.'09	2008	Rachael Smith to Luke Fischer '08, Sept. '10		
2007	Holly Breeggemann to Luke McMahon '07, Dec. '09	2008	Kelsey Hanks to Alex Tatone '08, June '10		
2007	Heather Rochau to Ryan Maurer '07, Sept. '09	2008	Elisabeth Degen to Jonathan Werth '08, June '10		
2007	Emily Langmade to Brad Schwantke '07, Aug. '09	2008	Christy Wurm to Vinnie Schleper '09, Aug. '10		
2007	Stephanie Peterson to Luke Solberg, Aug. '09	2008	BrennaMehletoDanBonach,May'10		
2007	Anne Redmon to Kyle Johnson '06, Dec. '09	2008	AmyWolfstoJosephGubbels,May'10		
2007	Kallie Promersberger to Daniel Iverson, Aug. '09	2008	Danielle DiFabio to Joe Moravec '08, Oct. '10		
2007	Katie Whitcomb to Steve Gunville '07, Aug. '09	2009	Andrea Lieder to Tyler Kostiuik '09, Dec. '09		
2007	Brittney Johnson to Jeremy Braegelmann, June '10	2009	Sara Felland to Brandon Baker '09, May '09		
2007	Kim Murphy to Erik Ellingboe '08, June '10	2009	Jessica Lockner-Kotek to Conor McKeown '09, Mar. '10		
2007	Christine Synnott to Jason Prostrollo '07, July '10	2009	Maggie Baldwin to Kip Krueger '09, Jan. '10		
2007	Tanya Lindquist to Bryan Fleegel '07, July '10	2009	Marie DeMars to Nathan Zimmernan, May '10		
2007	Jesse Lindgren to Lucas Van Leeuwe '07, June '10				

Bundles of Joy

1989	Annie Garry Betts & Jeff Betts '90, Twins, Rachel and Jack, Jan '09
1989	Mary Koupal Schmelzer & Peter Schmelzer'90,Boy,Charles,Sept.'09
1990	Lisa Kopetzki Christensen & Max Christensen, Girl, Olivia, Feb. '07
1990	Jill Tschida Wallace & Robert Wallace, Girl, Josie, Oct. '09
1991	Vicki Casey Larson & Chris Larson, Boy, Joseph, Aug. '09
1991	Jeanne Kuttner Voll & Anthony Voll, Boy, Jackson, Oct. '09
1991	Belinda Miller Topa & Christopher Topa, Girl, Ellyn, April '09
1991	Janel Halverson Goff and Brian Goff, Boy, Jett, April '10, and Girl, Bianca, Jan. '09.
1992	Bonnie Kalla & Kurt Moreland '91, Boy, Isaac, Oct. '09
1992	Monica Hall Zielsdorf & Darin Zielsdorf, Boy, Nathan, Jan. '10
1992	Nicole Heisler Pelowski & Nathan Pelowski, Girl, Marlow, April '10
1993	Stacy Schwinghammer Zimmer & KyleZimmer,Girl,Savannah,Feb.'09
1993	Leslie Drahozal Page & Daniel Page '93, Boy, Henry, April '10

ALUMNAE MILESTONES

Photo by Mustain Photography



- | | | | | | |
|------|--|------|--|------|--|
| 1993 | Stephanie Holmgren Swanson & Charles Swanson '91, Girl, Sadie, Sept. '09 | 1995 | Nichole Hecimovich Schaefer & Jeff Schaefer, Boy, Samuel, May '10 | 1997 | Corie Dumdie Barry & Marty Barry '98, Girl, Jackson, May '10 |
| 1993 | Marnee Swing McGowan & Mark McGowan '93, Girl, Beatrice, June '09 | 1996 | Marcie Betker Andrews & John Andrews, Girl, Margaret, Aug. '09 | 1997 | Bridget Penfold Bahneman & Chad Bahneman '97, Boy, Tommy, April '09 |
| 1993 | Pam Lenertz Pundsack & Kris Pundsack '95, Girl, Kelli, Dec. '09 | 1996 | Katina Bruggeman & Andrew Floerke, Boy, Simon, Feb. '10 | 1997 | Becky Poore Hanson & Jason Hanson, Boy, Maverick, June '10 |
| 1993 | Cyndi McDurmott & Kevin VanOverbeke, Boy, Gavin, Jan. '09 | 1996 | Nicole Theisen Lang & Daniel Lang, Girl, Sophia, Dec. '09 | 1997 | Amy Domiden Johansen & Michael Johansen, Girl, Amelia, May, '10 |
| 1993 | Heidi Hoeschen Jackson & Keith Jackson, Girl, Eleanor, Oct. '09 | 1996 | Melanie Schoenborn Johnson & David, Girl, Kira, Nov. '09. | 1997 | Amy Flaig Borden & Nathan Borden, Boy, William, April '10 |
| 1993 | Pam Fasching Cwach & Martin Cwach, Girl, Lilly, July '09 | 1996 | Theresa Ledermann Morey & Tim Morey, Girl, Hannah, April '10 | 1997 | Jennie Pflueger Reider & Dan Reider, Girl, Noelle, June '09 |
| 1993 | Heidi Wagner Schuster & Rick Schuster, Girl, Olivia, Nov. '09 | 1996 | Sherry Christenson Amelse & Tony Amelse '96, Boy, Joseph, June '09 | 1997 | Kim Larson Bartels & Gary Bartels, Girl, Catherine, March '10 |
| 1993 | Keli Hetherington Friden & Colin Friden, Girl, Camille, Aug. '09 | 1996 | Rebecca Gibbons Alfieri & Michael Alfieri, Boy, Christopher, May '10 | 1997 | Lori Koetter Burg & Timothy Burg, Boy, Mitchell, Oct. '10 |
| 1993 | Sonda Gominsky Binsfeld & Anthony Binsfeld, Girl, Abigail, March '10 | 1996 | Jen Borovsky Johnson & Brian Johnson, Girl, Myla, Jan. '10 | 1997 | Kristy Clausen Edds & Brian Edds, Boy, Aiden, July '10 |
| 1993 | Kathy Bentler Kobbermann & CJ Kobberman '94, Boy, Philip, Sept. '10 | 1996 | Hannah Herzog Letofsky & Ted Letofsky, Boy, Asher, Sept. '10 | 1997 | Beth Connelly Kashyap & Rahul Kashyap, Boy, Kiran, Oct. '09 |
| 1994 | Libby Farrell Smith & Regan Smith '91, Girl, Leah, Aug. '09 | 1996 | Shanna Karas Reynolds & Blair Reynolds, Girl, Rachel, June '10 | 1997 | Jennifer Hatlestad Reyes & Rolando Reyes, Girl, Rayna, May '10 |
| 1994 | Kim Ferche Juelke & Justin Juelke, Girl, Avery, Mar. '10 | 1996 | Sara Lindquist & Ryan Steines '97, Girl, Hannah, Jan. '10 | 1997 | Megan Marksburly Bisset & Ian Bisset, Boy, Callum, Sept. '10 |
| 1994 | Jessie Konrad Bueckers & John Bueckers '94, Girl, Bernadette, May '10 | 1996 | Michelle Ashfeld Wedeking & Justin Wedeking, Girl, Lauren, Aug. '09 | 1998 | Jessica Kettleson Carroll & Bryan Carroll '97, Girl, Barrett, Dec. '09 |
| 1994 | Samantha Kukar Herrmann & Matt Hermann, Girl, Kendall, May '10 | 1996 | Keri Lange Timm & Kurt Timm, Girl, Macie, April '10 | 1998 | Angela Olson Erickson & David Erickson, Twins, Jenna & Nathaniel, June '09 |
| 1994 | Nancy Gilbert Kirchner & Chad Kirchner, Twins, Mason & Maya, July '10 | 1996 | Kelly Connelly Lawler & David Lawler, Boy, Thomas, Feb. '10 | 1998 | Angie Wood Davenport & Christian Davenport, Girl, Alison, June '09 |
| 1994 | Tanya Bjorge Ruth & Paul Ruth, Boy, Brayden, Sept. '10 | 1997 | Kristine Johnson Enno & Luke Enno, Boy, Davin, Jan. '10 | 1998 | Julie Nester Carlson & Boe Carlson, Boy, Henry, May '09 |
| 1994 | Jennifer Nord Mallard & Joseph Mallard, Boy, Spencer, May '10 | 1997 | Sarah Augustin Pegors & Eric Pegors, Girl, Lauren, Nov. '09 | 1998 | Kelly Jordan Bowers & Howard Bowers, Boy, Kieran, Nov. '09 |
| 1995 | Megan Cassidy Meuli & Allan Meuli, Girl, Angela, Oct. '09 | 1997 | Jen Taylor Mawson & Chris Mawson, Twins, Morgan & Liam, Oct. '09 | 1998 | Robin Weber Schlimgen & Eric Schlimgen, Boy, Talec, Sept. '09 |
| 1995 | Julie Athman Ernst & Joel Ernst, Girl, Autumn, Aug. '09 | 1997 | Mary Grossman Scavotto & Chris Scavotto, Girl, Gia, May '09 | 1998 | Kristin Koos Olson & Michael Olson, Boy, Sven, June '09 |
| 1995 | Julie Amon Remer & Duane Remer, Girl, Lucy, April '09 | 1997 | Norah Swartz Morris & Stacy Morris '97, Girl, Mary, July '09 | 1998 | Tanyele Kajer & John Fuchs, Girl, Eva, Jan. '10 |
| 1995 | Liz Morris Otto & Kevin Otto, Girl, Katherine, Mar. '10 | 1997 | Julie Menden Mercer & Jacob Mercer '97, Boy, Henry, Jan. '10 | 1998 | Susan Wall Ylitalo & Nels Wall Ylitalo '01, Boy, Isaac, Jan. '09 |
| 1995 | Michelle Auers Mohr & Jesse Mohr, Girl, Kathleen, July '09 | 1997 | Colleen Gniffke Hardie & Chad Hardie, Boy, Cash, Sept. '09 | 1998 | Debbie Schmidt Reuter & Karl Reuter, Girl, Regan, June '09 |
| 1995 | Danielle Guse Schlomann & Alan Schlomann, Girl, Alyssa, Oct. '09 | 1997 | Kristine Johnson Enno & Luke Enno, Boy, Davin, Jan. '10 | 1998 | Paula Luzum Sarsland & Tryg Sarsland '98, Boy, Bode, Aug. '09 |
| 1995 | Jennifer Holton Tacheny & Steven Tacheny '93, Girl, Nora, Oct. '09 | 1997 | Tracy Lepper Gilbert & Bryan Gilbert '98, Boy, Gunner, May '10 | 1998 | Megan Heinzen & Mark Kuzinski, Boy, Landon, Sept. '09 |
| 1995 | Suzette Posch Kiffmeyer & Timothy Kiffmeyer, Girl, Michaela, Nov. '09 | 1997 | Pamela Sonntag Nelson & Reid Nelson, Girl, Anna, May '10 | 1998 | Ema Urness Hartung & Greg Hartung, Boy, Seth, April '10 |
| 1995 | Stasi Sullwold Ristau & Corey Ristau, Boy, Elijah, Aug. '09 | 1997 | Angela Pierce Mejdrich & Eric Mejdrich, Girl, Violet, April '10 | 1998 | Katie Hagen Cheney & John Cheney, Girl, Meara, May '10 |
| | | 1997 | Kathy Woods Rakowczyk & David Rakowczyk, Girl, Kylie, July '10 | | |

Carla Suchoski Good '92 and Jathan Good are proud to announce the birth of twins Jenna Marie & Quinn Peter, August 2010

Sally Larson Hagen '04 and Scott Hagen are proud to announce the birth of a baby boy, Cameron Preston, May 2010. "Our little peanut decided to arrive 7 weeks before his due date, so he spent a month in the hospital but now is home and doing beautifully!"



1998	Kay Buytaert Bechtold & Gary Bechtold, Triplet Girls, Ellen, Leah & Lucy, April '10	1999	Shannon Roers Jones & Ross Jones '99, Girl, Katherine, May '10	2000	Faye Donohue Cortez & Nathan Cortez, Girl, Julia, June '10
1998	Sara Frericks Haag & Adam Haag, Boy, Ethan, May '10	1999	Rebecca Maly Schimming & Chris Schimming '99, Girl, Maren, April '10	2000	Kelly Wisniewski Schepers & Dan Schepers, Girl, Norah, June '10
1998	Liz Fogarty & Adam Higgins, Boy, Holden, May '10	1999	Jody Peterson Manderfeld & Anthony Manderfeld, Boy, Tyler, May '10	2000	Meg Kulenkamp Mitchell & Ryan Mitchell '98, Boy, Jack, June '10
1998	Monica Kieman Marsh & Kirk Marsh, Boy, Griffin, June '10	1999	Shannon Speidel Braaten & Randy Braaten '99, Girl, Liv, July '10	2000	Laura Wendorff Meyer & Nick Meyer '01, Boy, Samuel, June '10
1998	Jen Loos Schneider & Eric Schneider '98, Boy, Zachary, March '10	1999	Sally Koering Zimney & Andrew Zimney '99, Girl, Harper, March '10	2000	Trisha Kubes Henning & Bryce Henning, Girl, Madison, May '10
1998	Michelle Frith Heiland & Joe Heiland '98, Boy, Jake, Jan. '10	1999	Becky Heidke Kwiatkowski & Jeremy Kwiatkowski, Boy, Jake, Aug. '10	2000	Kim Sticha Lombard & Mike Lombard, Girl, Carolyn, Feb. '10
1998	Karen Neidermeier-Gill & Dale Gill, Boy, Brady, Sept. '10	1999	Theresa Hanish Covert & Charlie Covert '99, Boy, Thomas, Sept. '10	2000	Wendy Schug Assal & Imad Assal, Boy, Alexander, Jan. '10
1999	Charitie Meyer Herbst & Adam Herbst '99, Boy, Franklin, Nov. '09	1999	Jackie Wendlandt Olson & Pete Olson, Boy, Isaac, Aug. '10	2000	Andrina LaBelle Weis & Kent Weis, Girl, Makenna, July '10
1999	Courtney Cahill Brenny and Chris Brenny, Girl, Adeline, Feb. '09	1999	Moriya McGovern Rufer & Sam Rufer '99, Girl, Marielle, March '10	2000	Sarah Morrison Brass & Jeff Brass, Boy, Finley, Oct. '10
1999	Kelly Lord Roche & Tim Roche, Boy, Aiden, Feb. '09	1999	Jessica Kramer Schaefer & Jonathan Schaefer, Boy, Jordan, Oct. '10	2000	Jennifer Stauffenecker Bruzek & Scott Bruzek, Boy, Noah, Oct. '10
1999	Elise Gentz Wercinski & Darren Wercinski, Boy, Bennett, Feb. '10	2000	BriAnne Erpelding Zauhar & Jake Zauhar '01, Boy, Tyson, Dec. '09	2000	Emily Glenz Nordmann & Christopher Nordmann '01, Boy, Porter, June '10
1999	Marsha Parvi Steinbeisser & Daniel Steinbeisser, Boy, Kyle, Sept. '09	2000	Jessica Chalupsky Enneking & Jim Enneking, Boy, Reid, July '09	2000	Cara Baenen Gosse & Jeffrey Gosse, Girl, Eva, July '10
1999	Cheryl Palm Hyk & Tony Hyk '99, Boy, Anders, Mar. '10	2000	Jessica Fena Koland & Mark Koland, Boy, Kash, March '10	2000	Melissa Grange Fogal & Benjamin Fogal '00, Boy, Samuel Sept. '10
1999	Karmyn Tuma Nelson & Grant Nelson '99, Girl, Kiara, Nov. '09	2000	Sarah Omann Hansen & Ryan Hansen '00, Boy, Grant, Oct. '09	2000	Kelly Kofstad LaVigne & William LaVigne '98, Boy, Keaton, April '10
1999	Melissa Urbashich Olmscheid & Jeff Olmscheid, Girl, Emma, Mar. '10	2000	Deborah Saad Morris & Glenn Morris, Girl, Laura, Sept. '09	2000	Celine Vanderkelen & Michael Garcia '00, Girl, Onya, July '09
1999	Kristin Sawyer Lyman & Andrew Lyman, Boy, Aaron, March '10	2000	Alison Surdo & Lindsey Ling Sun Cheng, Boy, Conlan, March '10	2000	Naomi Johnson Schneider & Stephen Schneider, Boy, Benjamin, Oct. '10
1999	Amy Aubin Fielding & Chad Fielding, Girl, Breanna, Sept. '09	2000	Denise Ross Christie & Jeremy Christie, Girl, Lauren, Feb. '09	2000	Rachel Reuter & Ben Nelson, Girl, Nelita, May '10
1999	Steffanie Birchen Jarvis & Bobbie Jarvis, Girl, Olivia, Sept. '09	2000	Kelly Martin Hicks & Andrew Hicks, Boy, Maxwell, June '09	2001	Maria Stanek Burnham & Jay Burnham, Girl, Ainsley, Feb. '10
1999	Anne Rohe Holmberg & Jeff Holmberg, Girl, Addison, Nov. '09	2000	Sarah Young Erickson & Mark Erickson, Girl, Sophia, April '10	2001	Susie Gebeck Berglund & Mark Berglund '01, Boy, Louis, May '09
1999	Nicki Pauls Holthaus & Gary Holthaus, Girl, Paige, Dec. '09	2000	Katie Hiniker Carney & Chad Carney, Boy, Finn, Jan. '10	2000	Sarah Omann Hansen & Ryan Hansen '00, Boy, Grant, Oct. '09
1999	Amanda Heinz Collins & Joe Collins '99, Girl, Angela	2000	Beth Holbrook & John Sandberg '01, Boy, Paul, Feb. '09	2001	Erin Herges Odens & Chad Odens, Girl, Hilton, Sept. '09
1999	Karina Bliss Hohn & Jeremy Hohn, Boy, Mathias, Oct. '09	2000	Jessica Fena Koland & Brian Koland, Boy, Kash, March '10	2001	Meridith McLeod Babnick & Michael Babnick '00, Girl, Zoey, Dec. '09
1999	Kendra Zenner Adelman & Matthew Adelman, Boy, Braden, Dec. '09	2000	Allison Blood Peterson & Blake Peterson, Girl, Lilly, April, '10	2001	Jennifer Fischer DuBois & Michael DuBois, Boy, Brady, Dec. '09
1999	Sarah Nachreiner Johnson & Avery Johnson, Boy, Oskar, March '09	2000	Mary Anderson Jenniges & Travis Jenniges '99, Girl, Hailey, May '10	2001	AnneMarie Butler Rendulich & TJ Rendulich '01, Girl, Lila, Sept. '09
1999	Meagan Sauder Ricard & Eric Ricard '99, Girl, Mara, March '10	2000	Katie Neihaus & Matthew Skudlarek, Boy, Samson, April '10	2001	Nicole Tuma Macalena & Jeff Macalena '01, Girl, Olivia, Feb. '10
1999	Cody Dunshee Schultz & Joshua Schultz, Boy, Sully, March '10	2000	Becky Dick Saffert & Steven Saffert '03, Girl, Kendal, March '10	2001	Kelly Hammer Johnson & Brian Johnson '01, Girl, Mackenzie, April '10
		2000	Ali Smith Satre & Joseph Satre, Boy, Owen, June '10		

ALUMNAE MILESTONES

2001	Jeanette Wetherbee Guggisberg & Nicholas Guggisberg, Boy, Cohen, Jan. '10	2001	Laura Yokiel Helferich & Brad Helferich, Girl, Vivian, Sept. '10	2002	Kate Rassier Tschakert & Brent Tschakert, Girl, Hazel, Aug. '10
2001	Kimberly Zirbes Loch & James Loch, Boy, Joshua, June '09	2001	Lee-za Ballman Matthews & Josef Matthews, Boy, Owen, Aug. '10	2002	Michelle Kelash Hemmesch & Michael Hemmesch '97 , Boy, Alexander, Sept. '10
2001	Kelley Julkowski Goodwater & Greg Goodwater, Boy, Collin, June '09	2001	Jill Harren Wilcken & Brandon Wilcken, Boy, Gavin, April '10	2002	Kate Tillemans O'Hara & Travis O'Hara '02, Boy, Charlie, May '10
2001	Ann-Marie Bonach Kenna & Ross Kenna, Boy, Gabriel, Nov. '09	2001	Kari Pfannenstien Scholz & Aaron Scholz, Boy, Anthony, Oct. '10	2002	Lora Harris Smith & Brandon Smith '02, Girl, Claire, Jan. '10
2001	Angie Minnerath Spitzley & Robert Spitzley '01, Girl, Nora, Nov. '09	2001	Katie Keeley Kohnen & Kevin Kohnen '01, Twins, Keeley & Finley, Sept. '10	2002	Maressa Brooks Rousslange & Josh Rousslange, Boy, Evan, July '10
2001	Karla Bradley Fjeld & Christopher Fjeld, Boy, Aidan, Dec. '09	2002	Liz Voto Kostelc & Christopher Kostelc, Girl, Sophia, June '09	2002	Jill Carlson Butson & Jared Butson, Twins, Ava & Nicholas, Feb. '10
2001	Amber Wiese Faletti & John Faletti '01, Girl, Grace, July '09	2002	Melissa Hogan Gombola & John Gombola, Girl, Alexandra, Jan. '10	2002	Julie Hanson Zimny & Adam Zimny '02, Girl, Nora, April '10
2001	Tina Kortenbusch Streit & Jeff Streit, Girl, McKenzie, Jan. '10	2002	Stephanie Braegelmann LaBine & Nathan LaBine, Girl, Chloe, Mar. '10	2002	Jodene Pieper Stuewe & Andrew Stuewe, Girl, Jayde, March '10
2001	Gretchen Rhoads Graham & David Graham, Girl, Alaina, July '09	2002	Dana Kelly Fitzpatrick & Matthew Fitzpatrick, Boy, James, Nov. '09	2002	Kelly Blommel Neu & Don Neu '98 , Girl, Mallory, Oct. '10
2001	Suzanne Fahey Thompson & Jason Thompson '01, Twin Girls, Claire & Elliott, Sept. '09	2002	Lora Harris Smith & Brandon Smith '02, Girl, Claire, Jan. '10	2002	Chris Miller McCarthy & Andrew McCarthy '02, Girl, Lucy, April '10
2001	Melissa Kubasta Pozorski & Todd Pozorski, Girl, Tristyn, Feb. '10	2002	Gretchen Gates Benson & Eric Benson '02, Twins, Elijah (M) & Sydney (F), July '09	2002	Karin Najarian Charron & David Charron, Boy, Matthew, June '10
2001	Jennifer Fischer DuBois & Michael DuBois, Boy, Brady, Dec. '09	2002	Megan Enninga Gilles & Douglas Gilles, Girl, Arianna, Jan. '10	2002	Katie Langer Robertson & Travis Robertson, Boy, Oliver, Oct. '10
2001	AnneMarie Butler Rendulich & TJ Rendulich '01 , Girl, Lila, Sept. '09	2002	Allison Notermann Mertz & Christian Mertz, Girl, Jenna, Jan. '09	2002	Erin Cooney & Ben Fischer '04 , Boy, Isaac, Oct. '10
2001	Nicole Tuma Macalena & Jeff Macalena '01, Girl, Olivia, Feb. '10	2002	Tricia Crowley Tempel & Michael Tempel '01, Boy, Ian, Nov. '09	2003	Katie Flynn Benscoter & Adam Benscoter, Girl, Ellen, Oct. '09
2001	Sarah Young Erickson & Mark Erickson, Girl, Sophia, April '10	2002	Christie Mason Bauer & Michael Bauer, Girl, Laura, March '09	2003	Lindsay Etter McCarthy & John McCarthy, Boy, James, July '09
2001	Jessica Johnson Keating & Ryan Keating '03, Girl, Reese, Feb. '10	2002	Sarah Campbell Sevigny & William Sevigny, Girl, Ava, Dec. '09	2003	Tami Lanning Klucas & Emmett Klucas, Boy, Silas, Aug. '09
2001	Angie Laveen Pokharel & Gaurav Pokharel '02, Boy, Nitesh, March '10	2002	Kati Hoen Mousel & Jason Mousel '02, Girl, Isabel, March '10	2003	Jenny Pabubicki Reyes & Michael Reyes, Girl, Addison, June '09
2001	Sarra Torborg Johnson & Shaino Johnson, Girl, Jada, May '10	2002	Desiree DeRosier Faletti & Michael Faletti '00 , Boy, Adam, July '09	2003	Lisa Wann Ingebrand & John Ingebrand, Girl, Anna, July '09
2001	Stephanie Anderson Fox & Peter Fox, Boy, Nicholas, Aug. '09	2002	Katie Low Coudron & Curt Coudron '02, Boy, Owen, April '10	2003	Jennie Limpert Eiden & Tony Eiden '02, Girl, Molly, Aug. '09
2001	Robyn Mogelson Chrast & Andy Chrast, Boy, Edward, Feb. '10	2002	Christine Dickinson Piersma & Tom Piersma '01, Girl, Madeline, May '10	2003	Meranda Strey Wacek & Stephen Wacek, Boy, Charles, June '09
2001	Suzanne Kuboushek Britton & Ben Britton '01, Girl, Molly, Jan. '10	2002	Anne Ceronsky Warrington & Tom Warrington '02, Girl, Adeline, June '10	2003	Jessica Haidet Hill & Nathan Hill, Girl, Mariana, Nov. '09
2001	Angela Sinner Begnaud & Joseph Begnaud '01, Girl, Grace, July '10	2002	Becky Cole Ahlstrom & Justin Ahlstrom '02, Boy, Mason, July '10	2003	Katie DesLauriers Sullivan & Tom Sullivan '03, Boy, James, Jan. '17
2001	Beth Pribyl Johnson & Aaron Johnson '01, Girl, Eleanor, July '10	2002	Brianne Parker Peroutka & Brent Peroutka, Girl, Reese, Nov. '09	2003	Laura Herbst Sherburne & Andrew Sherburne '03, Girl, Caroline, Jan. '10
2001	Dana Renneker Simons & Chad Simons, Boy, Blake, April '10	2002	Jamie Frost Kingston & Vince Kingston, Girl, Audrey, May '10	2003	Erin Peterfeso Edlund & Chad Edlund '00, Girl, Haylee, Nov. '09
2001	Johanna Steffen O'Malley & Mike O'Malley '00, Boy, Leo, April '09	2002	Libby Viola Johnson & Paul Johnson '03, Girl, Paige, March '10	2003	Leah Haehn Sanner & Nicholas Sanner '02, Boy, Benjamin, Feb. '10
2001	Leah Lindner Morris & Michael Morris, Girl, Hazel, Jan. '10	2002	Sara Anderson Krieg & Brendon Krieg '02, Boy, Colin, March '10	2003	Tiffany Wagenbach White & Brian White '03, Girl, Amelia, June '09
2001	Melissa Werner Anderson & Jeremy Anderson, Boy, Isaiah, June '10			2003	Maggie Malone Dukinfield & Greg Dukinfield '03, Boy, Isaac, April '10



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2003	Jessica Zellmer Kirschner & Nathan Kirchner '01, Girl, Charlotte, Oct. '09	2004	Kristin Kattar Carlson & Luke Carlson, Girl, Sienna, April '10	2005	Alecia Boser Larson & Aaron Larson, Boy, Carter, Sept. '09
2003	Julie Dawson Larsen & Mike Larsen, Boy, Connor, Nov. '09	2004	Theresa Nykodym Needham & Marcus Needham '04, Boy, Dexter, Nov. '09	2005	Katie Schaefer Notch & Eric Notch, Boy, Donovan, April '08
2003	Jennie Scott Lanz & Adam Lanz '03, Boy, Jack, Sept. '09	2004	Alison Boser Posch & Keith Posch, Girl, Abby, Dec. '09	2005	Briana Zenzen Worms & Carl Worms, Girl, Kendra, Jan. '10
2003	Rita Imholte Moravec & Wade Maravec '02, Girl, Myra, May '10	2004	Julie Berglund Raffi & Edil Raffi, Boy, Souleymane, June '09	2005	Rachel Gadberry Mack & Robert Mack '05, Boy, Nolan, June '09
2003	Laura Kinzley Boecker & Sam Boecker, Girl, Mabel, Feb. '10	2004	Melanie Wiener Marvel & Ross Marvel, Girl, Isabelle, April '09	2005	Emily Kassekert Utech & Brenton Utech, Twins, Nathan & Benjamin, Jan. '10
2003	Ember Francl Hutton & Matthew Hutton '04, Girl, Elleny, March '10	2004	Vanessa Lage Cossetta & Frank Cossetta, Boy, Frank, Jan. '10	2005	Claire Loesch Kiefer & Joe Kiefer '05, Boy, McGuire, Mar. '10
2003	Jessica Foster Imdieke & Benjamin Imdieke '02, Girl, Evangeline, Aug. '10	2004	Tiffany Nies Heathcote & Adam Heathcote, Boy, Jack, May '10	2005	Bethany Heinzen Robicheaux & Jay Robicheaux, Girl, Natalie, Dec. '09
2003	Noelle Gunderson Elliott & Blake Elliott '03, Twins, Harper & Hudson, May '10	2004	Ellen Link Jewison & David Jewison, Boy, William, April '10	2005	Katie Ferber Knutson & Matt Knutson, Boy, Jordan, April '10
2003	Annie Radabaugh Darling & Matthew Darling '04, Girl, Cailin, Sept. '10	2004	Jaclyn Bodeen Klinkner & Ryan Klinkner '04, Boy, Brayden, May '10	2005	Emily Terpstra Utsch & Adam Utsch '05, Girl, Anna, May '10
2003	Allison Clark Pietrzak & Ed Pietrzak, Boy, Aaron, June '10	2004	Angela Holzer Bachmann & Vance Bachmann, Boy, Dalen, June '10	2005	Sarah Schneeweis Johnson & Ben Johnson, Boy, Sullivan, May '10
2003	Briana Schnurr Adams & Dan Adams '03, Boy, Jackson, Dec. '09	2004	Emily Tesch Doehling & Nathaniel Doehling, Girl, Nora, June '10	2005	Lindsay Fredeen Ebeling & Erik Ebeling, Twins, Hayley & Dylan, May '10
2003	Katie Bodeker Koopmeiners & Joe Koopmeiners '02, Boy, Nicholas, June '10	2004	Michelle Mathews McDonald & Jason McDonald, Girl, Addison, July '10	2005	Tracy Studniski Ebnet & Jason Ebnet, Boy, Ethan, June '10
2003	Erin Przybilla Koshiol & Paul Koshiol, Boy, Matthew, Aug. '10	2004	Sara Pedersen Sagedahl & Adam Sagedahl '00, Girl, Sophie, July '10	2005	Tara Schloe Prom & Joe Prom, Boy, Peyton, June '10
2003	Laura Payne Sellheim & Michael Sellheim, Girl, Amalia, Oct. '10	2004	Carolyn Himanga Stewart & Eric Stewart, Boy, Zephyr, July '10	2005	Danielle Schiffler Benjamin & Adam Benjamin '05, Girl, Lauren, Aug. '10
2003	Erica Lindquist Rademacher & Chad Rademacher, Boy, Cameron, Oct. '10	2004	Theresa Kelly Haugen & Kasey Haugen, Girl, Alyssa, July '10	2005	Erin Schumacher Scherer & Benjamin Scherer '05, Girl, Greta, June '10
2003	Mindy Schumer Hoefer & Shane Hoefer '02, Girl, Eva, Oct. '10	2004	Erika Hauger Bakke & Tanner Bakke, Girl, Ayda, Sept. '10	2005	Amanda Thompson Ramler & Wayne Ramler, Boy, Jakob, Oct. '10
2003	Kate McBride Hunter & Grant Hunter, Girl, Audrey, Aug. '10	2004	Becky Wolf Pitz & Adam Pitz '04, Girl, Ella, Aug. '10	2005	Claire Callahan Stocker & Christopher Stocker '04, Boy, Miles, June '10
2003	Leah Klocker Schwarz & Stephen Schwarz '01, Girl, Natalie, Oct. '10	2004	Erin O'Neil Kelly & Justin Kelly, Girl, Mareena, Sept. '10	2005	Sarah Ryan Olsen & Justin Olsen '05, Girl, Ella, July '10
2003	Anna Bjerk Belongia & Tom Belongia, Girl, Paige, June '10	2004	Christine Hirte Boisen & Nick Boisen '04, Girl, Lola, Sept. '10	2005	Katie Neumann Heins & Jamie Heins, Boy, Alden, May '10
2003	Sarah Gustafson Smith & Justin Smith, Boy, Charlie, Feb. '10	2004	Ashley Brown Stevens & Mike Stevens, Boy, Gordon, Jan. '10	2006	Ashley Roerick Douvier & Jon Douvier, Girl, Reagan, Nov. '09
2003	Kelly Sherman Peterson & Brian Peterson '03, Girl, Adelynn, April '10	2004	Kenna Caughey Dooley & Adam Dooley, Girl, Lauren, Oct. '10	2006	Sara Smith Jansen & Cole Jansen '06, Boy, Ian, Feb. '10
2003	Kristel Swanson Lastine & Kristofer Lastine, Girl, Sofia, May '10	2004	Brandy Alkire Schleicher & Chris Schleicher, Girl, Summer, May '10	2006	Jennifer Stoffel Aspen & Brian Aspen '06, Girl, Noelen, Oct. '09
2003	Heidi Schmitz Goodreau & Benjamin Goodreau, Boy, Samuel, Aug. '10	2004	Kelly Taylor Olson & Jed Olson '02, Boy, Wesley, July '10	2006	Tricia Nolan Meling & Shaun Meling '05, Boy, Liam, April '10
2004	Janelle Heitzman Loehlein & Matthew Loehlein, Girl, Julia, Mar. '10	2004	Laura Grote Norton & Bill Norton, Boy, Rex, May '10	2006	Molly Laatsch Wurm & Mitchell Wurm, Girl, Avery, Nov. '09
2004	Suzanne LaVoy Lightfoot & Benjamin Lightfoot, Boy, Samuel, Sept. '09	2004	Megan Hubley Vetter & Brian Vetter '04, Boy, Drew, Oct. '10	2006	Kristin Beranek Hillesheim & James Hillesheim, Girl, Ashlyn, June '09
		2004	Juliet Govern O'Keefe & Tom O'Keefe '04, Girl, Elena, Oct. '10	2006	Mary Simmons Thom & Joshua Thom '05, Boy, Jackson, May '09
		2005	Johanna Hatch & Evan Creed '06, Boy, Liam, Nov. '09		

Row 1: Nick Masters '08, Tony Zimmerman '08, Leah Pleiss Zimmerman '08. Row 2: Alison Frank '07, Joe Briese '07, Carrie Humble Briese '08, Brenna Blevins '08, Tonya Schneider '07, Laura Angell Ashbach '08, Katherine Flynn '08, Marit Swartout Kirzeder '08, Caitlin Kennedy '08, Shaina Crotteau Raile '08, Justin Athman '08, Ben DeMarais '08, Catherine Cuddy '08, Matt Smith '07, John Kohlhaas '08, Allison Lynch Moses '08, Tom Kirzeder '08, and Richard Raile '07 all gathered for Leah and Tony's wedding October 2010.



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|---|--|--|
| 2006 Gillian Korpi Siverson & Erik Siverson '05, Girl, Zoe, Nov. '09 | 1939 Betty Prinz Smisek, Feb. '10 | 1954 Lawrence Cripe '54, spouse of Marilee Zachman Cripe, Mar. '10 |
| 2006 Beth Welle Bertram & Joel Bertram, Girl, Ella, July '10 | 1939 Kay O'Rourke Brinkman, Aug. '10 | 1955 Marie Dobias Coquyt, Jan. '10 |
| 2006 Lynn Rotchadl Coopman & Christopher Coopman, Boy, Dominic, March '10 | 1939 Elaine Daniel Wirth, Oct. '10 | 1955 Carol McCarthy, Sept. '10 |
| 2006 Jill Bauer Brehm & Kyle Brehm '05, Boy, Daniel, June '10 | 1940 Elsie Tahnk Seaman, March '10 | 1957 Sr. Janice Wedl, March '10 |
| 2006 Jackie Moran Craigmile & Reid Craigmile '07, Girl, Sally, May '09 | 1941 Charlotte Tubbs Kephart, April '09 | 1958 Sister Lynette Primus, July '10 |
| 2006 Danielle Simpson Pellitteri & Tim Pellitteri, Boy, Joey, April '10 | 1941 Margo Hoffmann Clasby, July '10 | 1958 Robert Hartman, spouse of Catherine Leonard Hartman, Mar. '10 |
| 2006 Megan Sand Carr & Charlie Carr '03, Girl, Madyson, Sept. '10 | 1942 Elizabeth Kiner Bauer, Feb. '10 | 1958 Liz Dempster Kertz, Nov. '09 |
| 2007 Chelsie Kahlhamer Meemken & Joseph Meemken, Girl, Kiera, March '10 | 1942 Adeline Flicek Seifert, March '10 | 1961 Kathleen Maher Siebers, April '10 |
| 2007 Katie Lenz to Chad Norris, Nov. '09 | 1942 C. Elizabeth Cox Melby, March '10 | 1961 Rosalie Richard, Nov. '09 |
| 2007 Erin Gruber Dobmeier & Gary Dobmeier, Boy, Mason, Aug. '10 | 1942 Rita Boese St. Onge, Sept. '10 | 1963 Mary K. Kane Mayer, Sept. '10 |
| 2008 Becca Strassburg Huss & Ryan Huss, Boy, Thomas, March '10 | 1942 Mary Botz Vos, Sept. '10 | 1963 LeRoy Moore, spouse of Margaret McLain Moore, Dec. '09 |
| 2008 Shaina Crotteau Raile & Richard Raile '07, Girl, Cecilia, March '09 | 1942 Peggy Mollner Race, Oct. '10 | 1964 Pearl Peltier Nickels, Nov. '10 |
| 2008 Anna Johnson & Tony Fusaro, Boy, Dominick, Sept. '09 | 1943 Margaret Rice Brunton, Mar. '10 | 1965 Sister Teresa Duerr, Jan. '10 |
| 2008 Amy Theisen Stang & Dan Stang, Girl, Avery, May '10 | 1943 Mary Malerich, April '09 | 1966 Sr. Gilmery Kempf, May '10 |
| 2008 Anne Lovgren & Chad Wells, Girl, Josephine, April '10 | 1943 Marianne Jutz Ward, April '09 | 1967 S. Virgine Marx, Nov. '10 |
| 2008 Abigail Fleming Foster & Matthew Foster, Boy, Brady, June '10 | 1943 Jeanette O'Brien Johnson, May '10 | 1968 Victor Roy, spouse of Judy Lawrence Roy, Dec. '09 |
| 2008 Jennifer Eklund Love & Adam Love, Girl, Ava, July '10 | 1943 Angie Boese Bohannon, Aug. '10 | 1969 Mary Quirk Hughes Lamey, April '10 |
| 2009 Jackelyn Knop & Nate Couette, Boy, Cooper, Jan. '10 | 1944 Dolores Johnson Boetcher, Dec. '10 | 1969 Bill Fernandez, spouse of Juliana Bloch Fernandez, April '10 |
| 2009 Valerie Steinman & Michael Watrud, Boy, Noah, July '09 | 1944 Jayne Theis Theurer, Jan. '10 | 1971 Andy Bohn, son of Linda Bishop Bohn, Jan. '10 |
| | 1944 Sr. Andre Marthaler, Oct. '10 | 1972 LaVonne Mallan, Dec. '09 |
| | 1945 Beatrice Julig Smith, Jan. '10 | 1977 Norbert Notch, spouse of Charlotte Ward Fisher Notch, Jan. '10 |
| | 1945 Gerald Morrow '43, spouse of Marie Seifert Morrow, Mar. '10 | 1980 Joe Rogers '80, spouse of Maureen O'Neill Rogers, Feb. '10 |
| | 1945 Mary Jane Kindler Harmon, Oct. '10 | 1980 John McDonald, spouse of Ann Donovan McDonald, Feb. '10 |
| | 1946 Laurena Lenihan Petron, Jan. '10 | 1981 Kathy O'Connell Krebsbach, April '10 |
| | 1947 Eleanor Wolfe Latterell, June '09 | 1984 Joyce Hanauer Deitschmann, April '10 |
| | 1948 Blanche Rupp Matthews, June '10 | 1997 Annie Elizabeth Bahneman, age 7, daughter of Bridget Penfold Bahneman and Chad Bahneman '97 |
| | 1948 Marcia Lambert Donlin, June '10 | 1999 Joshua Rajkowski, infant son of Susan Erlander Rajkowski, Jan. '10 |
| | 1948 Sally Lloyd Michels, June '10 | 2000 Kristi Merten, Oct. '10 |
| | 1949 Loretta Novetzke Merchant, Aug. '10 | 2013 Dayleen Krahling, April '10 |
| | 1949 Francis White, spouse of Louise Koehnen White, Jan. '10 | |
| | 1949 Bob Fixmer '49, spouse of Audrey Mettel Fixmer, Mar. '10 | Faculty |
| | 1949 Patricia Fisher Maixner, April '09 | Cecilia Fuchs, OSB, speech, Sept. '09 |
| | 1950 Thomas Scheller, spouse of Margaret Simon Scheller, April '10 | Elaine Henke, physical education, Aug. '09 |
| | 1950 Jeanne Chiu Hsiao, June '10 | John Yoakam, social work, April '09 |
| | 1951 Helen Richter, May '10 | Rich Jochman, chemistry, Dec. '09 |
| | 1952 Beverly Boehm, Dec. '09 | |
| | 1952 Dorothy Corr Hertzog, Dec. '09 | |
| | 1952 Roger Boos, spouse of Mary Boos, Jan. '10 | |
| | 1953 Sr. Therese Roth, May '10 | |
| | 1954 Mary Jane Dols Ploof, Oct. '10 | |
| | 1954 Joseph Basile, spouse of Gloria Stoll Basile, Feb. '09 | |

In memoriam

- 1933 Margaret Galvin Wyman, Oct. '09
- 1934 Monica Hughes Traxler, Jan. '10
- 1934 Crescence Scheuer, July '10
- 1936 Hazel Huber Smith, Feb. '10
- 1939 Marjorie Riefel Bartolotta, Nov. '09

With this issue, we begin a new policy for death announcements. We will list the passing of alumnae, their spouses, and children. For a complete listing of announcements, please log on to the Online Community: www.csbsju.edu/csbalum/community

Sarah Gebeke '02 on location in the Namib Desert to film an episode of Bizarre Foods with Andrew Zimmern for the Travel Channel.



I'M A BENNIE

Describe your work:

I work in TV production at Tremendous! Entertainment for the Travel Channel show, *Bizarre Foods with Andrew Zimmern*. I have a few different roles.

As a story editor, I recently traveled with our crew to Namibia and Madagascar to capture story elements. This involves conducting side interviews with Andrew and with main characters appearing on camera. When I return to the office I write a story narrative describing key story elements for the final version of the show. My next travel opportunity is Chengdu, Sichuan China!

Serving as field producer involves overseeing pre-production story details and logistics, and then directing the host and crew on location. I make sure we tell the best stories in the field and have substantial footage to edit the show.

I have also served as associate producer. In this role, I do all pre-production work to ensure a successful field shoot. This involves researching story ideas, calling the in-country fixer to plan our shoot, scheduling shoot locations, writing the beat sheet for network approval, and writing deliverables for the Travel Channel website content.

How did you end up doing what you are doing?

I was a communication major at CSB. After college I moved to Los Angeles without a job, a place to live or any friends, but I had a goal to work my way to a great career! I contacted a CSB alumna working

at Paramount Pictures for the *Dr. Phil* show, Stephanie Tripp Gholam. She got me an interview for a non-paid internship on the show and later gave me my first job as a logger on VH1's *The Surreal Life*. Luckily, that was a short gig, and then I was hired as a researcher and promoted to associate producer on the *Dr. Phil* show. After three years in Los Angeles, I moved back to Minneapolis and produced shows for HGTV and DIY networks. I also freelanced as a writer for the Food Network.

I can honestly say my connection with Stephanie jump-started my career. She became a great mentor and is now a dear friend. I never would have made that connection without my on-campus job at the CSB Career Resource Center. Considering I had no idea what career path I wanted to take until my senior year, I'm very grateful it all worked out!

Which aspects of your CSB experiences helped you in your later achievements?

Networking with CSB grads was huge for me, whether it was job shadowing, information interviews, or attending on-campus Career Exploration series. The Communication Media Writing class gave me the story-telling tools I needed for this industry. My study abroad experience in Segovia not only fulfilled my life-long dream to live in Spain, but it ignited my passion for food, culture, and travel. This was the beginning of my career goal to work on a travel food show, and now here I am!

What is rewarding in your work?

The relationships I make with the people I work with is the most rewarding part of my job. I enjoy talking to people in other countries and learning about their culture. My favorite experience was attending a sacred ceremony with the Saklava tribe in Madagascar and sandboarding down the dunes in the Namib Desert. I can't think of anything more exciting than traveling to remote places, seeing how the locals live first-hand, and sharing those stories with our viewers around the world.

What does the public typically misunderstand about your work?

The hours it takes to plan and film a one-hour television show is mind boggling! People also assume it's a glamorous job, but it often involves sitting long hours in a cubical planning a show or getting very dirty in the field, whether you're kneeling in the sand or being rained on while filming a show.

What advice do you have for students?

Set your goals high, and never give up. You'll learn so much along the way. Push yourself beyond your comfort zone. Intern or job shadow as often as possible to learn what you can, but also remember that you may learn what you don't want to do as well. Take advantage of the CSB tradition to network with alumnae in your field. And of course, travel as much as you can before you get your first desk job!



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