MAJOR DECISIONS: Have You Chosen a Major?

Where are you in the major decision process? Take the quiz below, choosing the answer that best describes your situation. You will find some helpful tips and advice listed below the quiz according to your results. As your final decisions with a major change, take this quiz again or just read the other advice for more help! Good luck!

1. Do you have a major?
   A. Yes! I am positive that I know what I want to do.
   B. Almost...I have a few ideas/options and am picking between them.
   C. No! I don’t know.

2. How stressed are you about applying for and declaring a major?
   A. No stress here, I know what I want to do!
   B. A little, but I need some final guidance & advice.
   C. MAJOR STRESS! I have no idea what I want to do or where to begin deciding.

3. How much have you thought about your future job or career?
   A. I think about it all the time, I’m so excited!
   B. Once in awhile it crosses my mind - more often now that I’m in college.
   C. Hardly ever - I enjoy being a kid.

4. Where do you see yourself ten years from now?
   A. Working in the field of my choice, makin’ the big bucks.
   B. Pursuing my childhood dream job.
   C. Good Question. Hopefully I’ll know by then...

5. What do you plan to do with your life?
   A. Stay with one job or within one job field.
   B. Move from job to job occasionally.
   C. I haven’t decided yet.
   D. Trick question...No one knows for sure!

If you answered mostly A’s:

Congrats! It sounds like you’re past one of the most difficult decision making processes in college.

Now, there are still a few things to consider:

- Are you getting to know the professors in your major department?
- Have you chosen an advisor?
- Have you investigated some possible career options related to your major?
- Research the curriculum that goes along with your major and some possible jobs or careers that alumni in your major have now.
- Have you thought about possible minors?
- Have you started to get related experience, or get involved in extracurricular groups, or study abroad programs that will give you an edge?
Don’t stop now, continue to be curious! For more help, visit the Career Service Homepage and look under Explore Majors and Explore Careers. [http://www.csbsju.edu/Career/Students.htm](http://www.csbsju.edu/Career/Students.htm)

If you answered mostly B’s:  
Picking between majors can be a challenge, especially if these aspects of each one that appeal to you.

- Lay out a four-year plan for each possible major. Use the ATLAS planner. [http://www.csbsju.edu/Career/Students/ExploringMajors/ATLAS.htm](http://www.csbsju.edu/Career/Students/ExploringMajors/ATLAS.htm)
- Enroll in courses from other areas of interest.
- Getting involved on campus is also a big help.
- Go to department sessions that provide information and an opportunity to meet with faculty.
- Get involved in the clubs geared toward various majors or other clubs that are interesting to you.
- Visit the Career Resource Centers to research majors. Make an appointment to talk with a Career Counselor to clear some of the fog.
- Utilize resources available on the Career Services’ website.

Do a little research and have trust in your final choice; everyone makes this decision their own way, so enjoy the process! For more help, visit the Career Service’s Homepage and look under “Explore Majors” and “Explore Careers” [http://www.csbsju.edu/Career/Students.htm](http://www.csbsju.edu/Career/Students.htm)

If you answered mostly C’s:  
First off, take a deep breath and know that you are not alone!

- Look at the variety of courses offered at CSB|SJU and find a few that spark your interest.
- Take some classes to help you explore your interests.
- Talk to and meet with your professors—they’re one of your most honest and knowledgeable resources!
- Visit the Career Resource Centers to use the CANE database (Alum Career Network) to research what jobs people have obtained with a specific major.
- Meet with a Career Counselor. They offer great advice and tools (i.e. Interest Inventory) to help with the decision-making process.
- Access the Career Services’ website. Here, you can look up sample job titles of alumni from each major offered at CSB|SJU. [http://www.csbsju.edu/Career/Students/ExploringMajors/Alum-Profiles.htm](http://www.csbsju.edu/Career/Students/ExploringMajors/Alum-Profiles.htm)

Just make sure you relax and get involved—it will help you learn more about yourself!

Mark Your Calendars!  
"HELP! I Need a Major!"  
October 27th, 4-6 pm -- Mary Commons  
Talk with faculty!  
Career Services Staff will also be available to help get you started!